



# CREDO 60p

Volume 23 Issue 7

The Parish Magazine of Christ Church, Roath Park  
Lake Road North, CARDIFF CF 23 5QN



Christ Church welcomed a visiting group from China for the 10am Service on Sunday 24th July. Many joined in with Funky Church before the Baptism of baby Joshua towards the end of the service. Their visit to the UK includes time in Cardiff, Edinburgh and a number of places in England such as Oxford, Cambridge and London.

**The Vicarage Garden Party** This eagerly anticipated event took place on Sunday June 10<sup>th</sup>. We were fortunate in having a warm and dry afternoon. Quite a number of the congregation sat and chatted and ate delicious cakes. We were delighted that Jordan and Krisi were able to join us. It happened to be the afternoon of the Men's Wimbledon Tennis Final so Trystan kindly kept us informed on the progress of that exciting match. The children present made good use of the trampoline. It was a very pleasant and successful occasion. The afternoon concluded with Evensong led by Trystan.

We thank Sandra and Trystan for their hospitality and hard work and all those who assisted them and we look forward to next year's Garden Party.  
*Margaret Griffiths*

## Coming events at Christ Church

ALL WELCOME to participate

**Sunday 18th September 9.00 am**

Parish Breakfast

Stay after the 8 am or come early for 10 am  
Tea, coffee, croissants, pastries & toast



**Saturday 8th October**

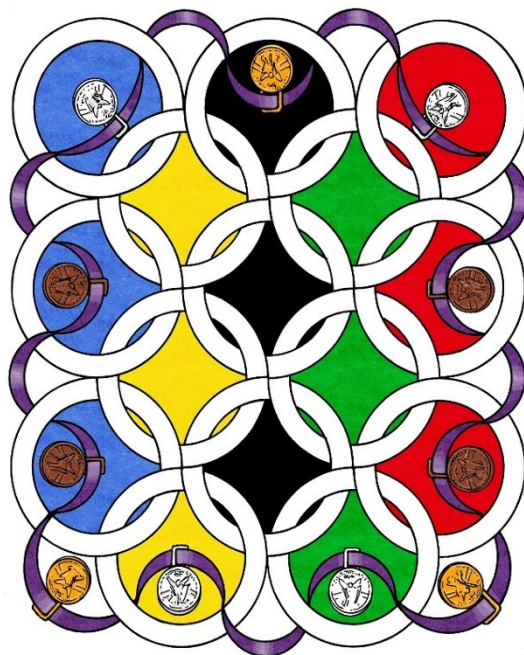
Parish visit to St Mary's Priory, Abergavenny, with its wonderful history and welcome café. Further details in the weekly September newsletters



Articles for the **October edition of Credo**  
**NO LATER than 18th September 2016**

Handwritten, or on memory stick with a printed copy to Church letterbox or Editor, or email [ced45@btinternet.com](mailto:ced45@btinternet.com)

August/September 2016



Rio de Janeiro Olympics, August 2016

*'Since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith'*

(Hebrew 12:1-2).

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## AUGUST DIARY



- Tuesday 2<sup>nd</sup>** 10.00am - 12.00noon **Church open for PRAYER**
- Thursday 4<sup>th</sup>** 9.30 am Holy Eucharist (*tea & coffee to follow*)
- Sunday 7<sup>th</sup>** **TRINITY 11**  
**8.00 am Holy Eucharist**  
**10.00 am Parish Eucharist**  
**6.00 pm Service of Light**
- Sunday 14<sup>th</sup>** **TRINITY 12**  
**8.00 am Holy Eucharist**  
**10.00 am Parish Eucharist**  
**6.00 pm Taize Worship**
- Thursday 18<sup>th</sup>** 9.30 am Holy Eucharist (*tea & coffee to follow*)
- Sunday 21<sup>st</sup>** **TRINITY 13**  
**8.00 am Holy Eucharist**  
**10.00 am Parish Eucharist,**  
**6.00 pm Service of Meditation & Reflection**
- Sunday 28<sup>th</sup>** **TRINITY 14**  
**8.00 am Holy Eucharist**  
**10.00 am Parish Eucharist & Funky Church**  
**6.00 pm Celtic Night Prayer**

**Prayers for Healing 10.00 am**  
**every Wednesday in Parish Office**

**Other services & activities as announced in the newsletter**



*Funky Church and J Walkers* - there will be a break during the school holidays. During this time children in church can opt to go out to the Hall with a Funky Church leader/helper for colouring or crafts or to watch a film



**Collection: If you prefer to give a weekly cash contribution during the various services and you are a UK taxpayer there are envelopes in the pews to enable us to reclaim the tax - an extra 25p for each £1**

## Faithful God

(Jn6:68)

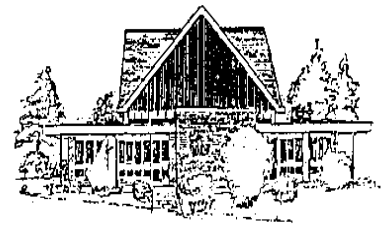
Faithful God,  
 Present in the crisis,  
 Reminding,  
 Re-assuring,  
 Real now, as then,  
 In sunshine,  
 In storm,  
 In beauty and in pain.

God, who created and called,  
 Who gave and gave and gave  
 Is the God of giving still.  
 Is the God of giving more...

More love,  
 More presence,  
 More hope,  
 More peace,  
 More life moments  
 With him in the middle.

**To whom shall we go?**

*By Daphne Kitching  
 Parish Pump*



## Thought for the Month

This month sees the start of the Rio de Janeiro Olympics, as the eyes of the world focus on the games. A number of New Testament letters make reference to Olympic sport including Hebrews: 'Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith' (*Hebrews 12:1-2*).

During the 1992 Barcelona Olympics, the British athlete Derek Redmond was running in the semi-finals of the 400 metres. About 250 metres from the finish his hamstring tore. He fell to the ground in pain and stretcher-bearers came over to him. However, Redmond wanted to finish the race and so he started hopping toward the finishing line

Suddenly Jim Redmond, Derek's father, ran out of the stands towards him. 'You don't have to do this,' he told his son. 'Yes, I do,' said Derek, to which his father said, 'We're going to finish this together.' They completed the lap with Derek leaning on his father's shoulder. As they crossed the finish line, the spectators rose to give Derek a standing ovation. Although he didn't win an Olympic medal, Derek Redmond finished the race with his father at his side.

In our Christian race we have a great crowd of witnesses to cheer us on. We also have a heavenly Father who loves us and a Saviour who has run the race before us.

Let's keep our eyes fixed on Him, to ensure we finish the race!

*Parish Pump*



*Dear friends,*

When I was in school, at the end of each school year, our teachers used to dig out a game for us to play called the *“lifeboat game”*.

After a terrible storm, a cruise ship sinks in a remote part of the Pacific Ocean, leaving only ten survivors. Unfortunately, they are all packed on a tiny lifeboat which can only carry eight – so, which are the two poor souls that, to be blunt, have to be thrown overboard.

*Who was worth saving?  
Who was expendable?*

Generations raised on this attitude have been brought up believing that some lives are worth more than others. And, of course, we don't consider ourselves and our families as the expendable ones. There are people who deserve, that's *“us”*, and people who, for whatever reason, don't deserve, that's *“them”*.

Changing a way of thinking that has been instilled into us since childhood is no easy feat. This lifeboat attitude is so woven into the fabric of our society that it is difficult to even recognize it in ourselves. Many of our newspapers reinforce this attitude in our minds, suggesting that in every moral decision, in every social decision, we are making a choice between *“us”* and *“them”*. And so groups of people are stigmatised because they might be different from us in some way – race, gender, culture, nationality, faith, or socioeconomic status.

*But our faith makes it clear to us that there is no “choice” that we have to make.*

By following Jesus, by working on our inner relationship with God, we are given the strength to change our viewpoints and to transform our actions. Our faith brings us to recognise that there is no *“us”* and *“them”* – that we are *all* children of God, loved and unique. “There is neither

## Other faiths . . .

Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus”, said Paul in Galatians (3:28), and parables such as the Prodigal Son and the Good Samaritan echo this fact. We're facing so many challenges and difficulties today – climate change, crime, racism, political upheaval, terrorism. Our faith helps us to accept the simple fact that we're all in this together, and together is the only way we're going to live and thrive on this small rock of ours that's hurtling through space.

Lukas said to me a few weeks back, *“dad, things seem so crazy with the world at the moment, it seems like the end of the world is coming”*... teenagers are cheery, aren't they?

The epistles of the New Testament were written back in the first century, at a time of social discrimination and official persecution of Christians in the Roman Empire. Despite the fact that it may have all seemed like the end of the world, the call of the faithful was to foster their relationship with God, to love one another, and to offer hospitality to strangers and travellers, and to do so without complaining. The call of a Christian is not to get but to give, not to be self-centred but to serve.

*So, we need to combat the “us” and “them” virus that has infected our society.*

By recognizing each person as an individual worthy of respect, compassion, and equality, all of us can be inspired to speak out against the marginalisation of the vulnerable, the neglecting of the disabled and the elderly, the stigmatisation of the poor, and the increasing hate crimes against different races and religions in our society.

I was in a secondary school on the morning of the EU referendum, and heard children quote their parents in unbelievably derogatory ways towards other groups in our society. These were not parents who supported extreme far right groups, but



everyday, ordinary parents who have been led by their upbringings and the newspapers they were reading to leave compassion out of the equation and to divide the world into *“us”* and *“them”*.

**A friend of mine, Revd Keith Hebden, is a vicar who is also a social activist.**

He is a regular in national newspapers who have reported on his arrest for speaking out against drone warfare, his visit to the hundreds of migrants living in appalling conditions in Calais, and his forty-day fast to draw attention to the rise in poverty in Britain.

*Not all of us can take such dramatic steps in living out our Christian life.*

But, in our own communities, we can certainly do little things to live out God's compassion for all. And all our *“little things”* need to start with our raising our voices – to speak up for those who are continually on the other side of the *“us”* and *“them”* equation in our society.

Keith Hebden wrote a recent facebook post that adapted the anti-Nazi theologian Niemöller's words to remind us all of God's challenge to Christians – that silence must never be an option when we see hatred and oppression towards God's precious children:

**“First they came for disabled people but I did not speak up because I am not disabled, then they came for the unemployed but I did not speak up and risk my job, then they came for the unions but maybe we don't need unions anymore, then they came for migrants but my middle class guilt meant I kept my head down. Finally, they came for me and there was no one left to speak out for me”.**

*Yours in Christ,  
Trystan*



## Introducing our new curate - Revd. Jordan Hillebert

### Greetings

For those of you who I have not yet had the pleasure of meeting, my name is Jordan Hillebert, and I am the new assistant curate here at Christ Church. It has been a joy getting to know many of you these last few weeks, and I look forward to serving and worshipping alongside you all in the months ahead!

As you may have already gathered from our accents, Krisi and I have travelled some distance to be with you in Cardiff. I was born 'across the pond' in Kansas (think *The Wizard of Oz*), spent most of my childhood in Texas (think John Wayne's *The Alamo*), and survived my teenage years in Atlanta, Georgia (think *Gone with the Wind*). I was christened in the United Methodist Church, and from a young age, I was actively involved in the life of the local church – choir, youth groups, bible studies, mission trips, etc. I cannot remember a time when the Christian faith was not central to my sense of identity. When my family moved to Atlanta, we began worshipping at a non-denominational evangelical church, where I quickly took an interest in the pastor's daughter. Krisi and I began dating when we were seventeen, and *somehow* I con-

vinced her to marry me at the age of twenty-one (we just celebrated our ten-year wedding anniversary!).

While Krisi and I were at university, I started a non-profit organisation with a close friend of mine. We produced short films and hosted live events aimed at encouraging young adults to see their lives within the larger narrative of God's redemptive work. By this point I felt God was calling me to *something*... I just wasn't sure what. Whatever it was, I figured I could benefit from further theological training, so in 2009 Krisi and I moved to Boston (think *Good Will Hunting*), where I studied for a Master's in Theology at Gordon-Conwell Theological Seminary.

### Two things happened to me while in seminary:

First, I fell in love with what the theologian John Webster refers to as the 'delightful activity' of Christian theology, 'in which the Church praises God by ordering its thinking towards the gospel of Christ.' I quickly realised that I wanted to be a theological educator, helping the Church to think, speak and live faithfully in relation to God. Secondly, I fell in love with the strange and wondrous world of the Anglican Church. I first stumbled upon the Daily Office (Morning and

Evening Prayer) in the Book of Common Prayer at the advice of a friend. Soon after, I found myself with another friend at the Easter Vigil of a local Episcopal Church.

### *I was captivated, and Krisi and I were swiftly whisked along the Canterbury trail.*

Motivated by these twin loves, Krisi and I soon set sail (actually we boarded an airplane) to Scotland (think *Braveheart*), where I studied for a PhD in Theology at the University of St Andrews. While completing my PhD, I was also a candidate for ordination in the Scottish Episcopal Church. By this time my sense of vocation was to be a theological educator *and* a priest in the Anglican Church – I was a bit greedy with my sense of calling! By the grace of God, I soon landed a job at St Michael's College (now St Padarn's) here in Cardiff, where I have spent the last year as a Tutor in Theology. The Church in Wales also graciously (naively?) accepted me as a candidate for ordination, and at Petertide I was ordained deacon. In terms of my own ministry, I now feel like I am breathing with both lungs: serving both as a theological educator at St Padarn's and a curate here at Christ Church. Krisi and I could not be more thrilled.

*With love,  
Jordan*

## Introducing Krisi Hillebert . . .

It has been such a blessing to be welcomed into Christ Church. Thank you for taking the time to introduce yourselves. I already feel cared for by this community, and I look forward to talking with more of you in the weeks ahead.

I was born and raised in Atlanta, Georgia to godly and loving parents (I am the youngest of three). My father is a pastor, so hopefully my years as a pastor's kid will help me find my feet as a deacon's wife! Our relationship with Jesus played a central role in my family, and I have benefited greatly from watching my parents live out what it means to be a disciple of Christ. My prayer for my life is to become like the tree in Psalm 1 – no matter what life's seasons bring, being rooted in Jesus so that we do not wither, but bear fruit. My mother also cultivated in me a love for literature. This is a passion that Jordan and I share, and an ideal day for us is a quiet day at home with our books and coffee. I studied English at University, and I love discussing a book with a friend over tea and shortbread.

Besides being nerdy about our books, Jordan and I are crazy about food. Whether cooking together at home (Jordan is a wonderful cook) or eating out, we love delving into the wonderful world of all things culinary (including watching nerdy food TV like *Top Chef*). I've also developed an interest in local, organic, and sustainable food, which makes me want to learn how to garden.

We can't wait to share our passion for Christ, literature, and food with our little one arriving in October! We know this child is a blessing and a gift, and we would appreciate your prayers for a healthy and safe arrival into this beautiful community we now call our church home.

*Krisi Hillebert*



**Peter Reid 1930 - 2016**

*In place of a Eulogy this Ode was read at Peter's Funeral service by its author*

**AN ODE UPON THE DEPARTURE OF THE VICAR AND HIS HATS. (but mainly the hats) FROM THE PARISH OF ROATH (in 1990's) TO PASTURES NEW.**

Along the streets of Roath they did appear  
 In great variety, increasing year by year  
 And now tis time for all of them to go  
 No longer to be sported to and fro  
 At such a lofty height upon his head  
 So high above the path on which he oft time would tread  
 And though the varied seasons of the year  
 Sometimes behind the hedges he'd appear  
 A tiller of the soil on his estate  
 A private world to tend behind the gate  
 And here he would don the strangest hats of all  
 Like nothing seen before, on one so tall

We'd hoped before they went to pastures new  
 That we might have a public chance to view  
 These high faluting items, sported by our friend  
 Would have made a grand display for heritage weekend  
 Imagine what the papers might have said  
 Roath vicar has the hats to get ahead  
 Or Paris models can no longer set the trend  
 Roath has it own curator with a millinery bent  
 A centre spread in Vogue, a fashion lead  
 The latest hats display by Peter Reid

But alack alas 'twas not to be  
 For some are only fit for Liz to see  
 Let not our fancies run away with sense  
 The vicar and his hats are going hence  
 The time has come when we must say fare well  
 And should the hats increase, well time alone will tell  
 From Roath we say, "goodbye, God bless, adieu"  
 Please know we'll feel the lack of Liz, the hats and you.

*Revd. Caroline Downs*

**Around the Church Family**

***Our Good Wishes & Prayers to:***

**Nancy Eyre**, recovering still at home as best she can  
**Edna Charles**, being cared for at Llandough Hospital's Stroke Rehabilitation Unit and due to reach 99 on 13th September

**David Bond**, brother of Liz Langmaid and brother-in-law of Chris, one of our welcomers, from his cancer treatment and relief

**Mollie Hughes**, who we are glad to see back at services when she can come

***Our Sympathies and Prayers to:***

**Liz Reid and all her family** on the recent death of her husband Revd Peter Reid

***Our Thoughts and Prayers to:***

**Jill & Haydn Hopkins** for the stronger health of their twin grandsons, Noah and Lucas and also their parents Marcus and Vicky

***Congratulations and Good wishes to:***

**Rhys & Rebecca Hill**

**Stephanie (Barker) and Kelvin Snell**

on their weddings at Christ Church during July



**Home Communion** take place once a month, usually on the first Tuesday - if you know anyone who would like to receive Communion at home please inform the Parish office or Gerald.



**Sick Visiting Requests**

Please complete the book, checked weekly and kept on the Lady Chapel altar, if you wish to request a pastoral visit for someone who is sick.

**Christ Church Nursery Staff on their last day in our hall.**

Anna Brancazio and Gill Nelson started the nursery in Christ Church some 21 years ago. In that time many children have passed through the nursery which has been known far and wide for its high standards of care and love. Anna took sole charge of the nursery around 18 years ago and Mrs B became a household name for mums and children alike. It has always been wonderful to have them as a part of our church family and it's very sad that they are having to move.

Next year we are going to be building our new hall and unfortunately for us and for Anna we had to consider the VAT implications of having a business in our hall. Originally, Anna was looking for a temporary home for the nursery until the new building was finished, but the VAT problem stopped that happening. It is tragic that tax should be the reason for the permanent move, but that is the case.

The good news is that **Mrs B's** nursery has found a new welcoming home at St. Michaels Church on Whitchurch Road, where they have a lovely hall and enough storage space to accommodate the nursery. Rev Caroline Downs is the Vicar there and she and the PCC are thrilled to welcome such a thriving nursery which has inherently had church connections. Christ Church will be losing the annual nativity play which was performed in our church and also the many other links where church members joined with the children to offer their various skills, both musical and with story telling. We shall miss all the children very much.... But our loss is St. Michael's gain and we hope to keep in touch and visit them in the future.

**The new nursery will be called "Mrs B's Nursery" and we all wish Anna and her team an easy move and every blessing in their future home.**

*Linda Alexander*



## Mary Sumner (1828 – 1921) – founder of the Mothers' Union



**This August the Mothers' Union celebrates its 140th anniversary.**

It has a lot to celebrate, what with four million members doing good work in 83 countries. That is a far cry from the modest circle of prayer for mothers who cared about family life, which is how it all began with a rector's wife, Mary Sumner.

Mary was born in late 1828 in Swinton, near Manchester. When she was four, her family moved to Herefordshire. Mary's father, Thomas Heywood, was a banker and historian.

Her mother has been described as a woman of "**faith, charm and sympathy**" – qualities which Mary certainly inherited. Mrs Heywood also held informal '*mothers' meetings*' at her home, to encourage local women. Those meetings may well have inspired Mary's later work.

Mary was educated at home, spoke three foreign languages, and sang well. While in her late teens, on a visit

to Rome she met George Sumner, a son of the Bishop of Winchester. It was a well connected family: George's uncle became Archbishop of Canterbury, and his second cousin was William Wilberforce.

Mary and George married in July 1848, soon after his ordination. They moved to Old Alresford, Hampshire in 1851 and had three children: Margaret, Louise and George. Mary dedicated herself to raising her children and supporting her husband's ministry by providing music and Bible classes.

When in 1876 Mary's eldest daughter Margaret, gave birth, Mary was reminded how difficult she had found the burden of motherhood. Soon she decided to hold a meeting to which she invited the local women not only of her own class, but also all the village mothers. Her aim was to find out if women could be brought together to offer each other prayer and mutual support in their roles as wives and mothers.

*That meeting at Old Alresford Rectory was the inaugural meeting of the Mothers' Union.*

For 11 years, the Mothers' Union was limited to Old Alresford. Then in 1885 the Bishop of Newcastle invited Mary to address the women churchgoers of the Portsmouth Church Congress, some 20 miles away. Mary gave a passionate speech about the poor state of national morality, and the vital need for women to use their vocation as mothers to change the nation for the better. A number of the women present went back to their parishes to found mothers' meetings on Sumner's pattern. Soon, the Mothers' Union spread to the dioceses of Ely, Exeter, Hereford, Lichfield and Newcastle.

**By 1892, there were already 60,000 members in 28 dioceses, and by 1900 there were 169,000 members. By the time Mary died in 1921, she had seen MU cross the seas and become an international organisation of prayer and good purpose.**

*Parish Pump*



### Theological literacy boosted by new Christianity resource for schools

Teaching of Christianity in schools is to be transformed by a new resource from the Church of England. **Understanding Christianity**, a set of comprehensive materials and training will enable pupils aged 4 to 14 to develop their understanding of Christianity, as a contribution to make sense of the world and their own experience within it.

Available to all schools across the country, the resource was written by a team of RE advisers from RE Today Services, in collaboration with more than 30 expert teachers and academics. It has been tested in more than 50 schools.

Understanding Christianity was commissioned by the Church of England Education Office with the generous support of Culham St Gabriels, The Sir Halley Stewart Trust, the Jerusalem Trust and an anonymous donor.

The Revd Nigel Genders, Chief Education Officer for The Church of England, explains: "**RE is primarily about teaching religious literacy. The ability for young people to have informed conversation and dialogue about belief and faith is key to building a peaceful society and helps combat ignorance and extremism. We recognise that within the rich Christian heritage of Britain, a particular responsibility of the Church of England is to ensure Christianity is well taught in our schools. This large-scale resource promotes theological literacy and a deep understanding of the whole Christian narrative for children and young people.**"

Understanding Christianity will not be available in the shops. Accredited trainers will train teachers to use the resource in their own setting. The project also comes with up to 15 hours of professional development support.

Over 800 teachers and staff have signed up for training in Understanding Christianity in one diocese alone. Jane Chiperton, Adviser for RE and Worship at the Diocese of St Albans which covers Hertfordshire, Bedfordshire and part of north London said: "*Our teachers are hugely excited about this resource. Over 100 schools have signed up for training, mostly on inset days. Some schools have sent their whole staff to be trained. I have never had such a positive response to one initiative.*"

David Ford, Regius Professor of Divinity Emeritus at Cambridge University and consultant on the project said: "**This resource manages to interconnect the text of the Bible, the beliefs and practices of Christians, and the world of the pupils — a remarkable achievement.**"

*Parish Pump*



There is no getting away from the fact that the recent Referendum has resulted in very deep fault lines being exposed in British society and the full consequences of what happened are by no means clear and may not become so for many years to come.

Some of the language of recrimination and insult has certainly not made it easy for a sense of unity and togetherness to be restored in our nation nor is it at all clear what that "nation" will be. I think many Christians may be a little shame-faced about the words that have been used in the past few months and I think many will have to think long and hard about how they express themselves in future.

It may be helpful at a time like this to reflect upon other controversial issues that have bitterly divided us in the past and to remember that what was then a matter of unassailable principle has quietly slipped into a well-deserved oblivion. Let us recall some of these. There was a wonderful moment when a Suffragan Bishop gave his valedictory address to

## The strife is o'er; but is the battle won ?

the leavers of that famous public school, Sherbourne with this rousing peroration.

*"And finally remember, boys, that whatever the future may hold for you, never succumb to the temptation of marrying your deceased wife's sister."*

If you find this bewildering let me explain that over and over again in the 19<sup>th</sup> Century hours and hours of parliamentary time was taken up with the matter of debating whether the "Table of Affinity and Relationship" appended to the Book of Common Prayer should remove the prohibition on the marriage of one's deceased wife's sister.

### Where has all that passion gone now?

Equally controversial and occupying just as much parliamentary debating time was the matter of the abolition of the status of "Established Church" to our anglican communion.

This produced inter alia what has *sometimes* been claimed as the

longest word in the English Language viz

"Antidisestablishmentarianism".

I am not convinced about the authenticity of this claim, and, of course, the topic is not entirely dead as evidenced when Prince Charles indicated that he would wish to be at his coronation "The Defender of Faiths" and not the FD on our coins. However, I doubt whether the nation will be riven in quite the way it was in the 19<sup>th</sup> Century.

Our history is full of cries of political betrayal. Whatever may be dividing the Tories now is nothing to the decades of bitter recrimination in the Party when Robert Peel abolished the Corn Laws.

All these may seem to be "Old forgotten, far-off things/and battles long ago." To be reminded of them, however, can serve a purpose. Eventually, the nation finds a modus vivendi. We shall all do so more quickly if we remember our Christian values and conduct our controversies with love and humility.

*John Walrond*

*After the Referendum, David Winter (Parish Pump) muses on the whole question of identity.*

## The Way I See It : WHO ARE WE?

All this talk about Europe and the post-referendum arguments about identity have left me, and probably many people, wondering just who I am.

After all, this island is home to people of probably the most mixed provenance in human history.

Way back, we were Celts, until our ancestors were driven back into the mountains of Scotland and Wales. Then came the Romans, the Vikings, Angles and Saxons, some to do a bit of pillaging and others to make themselves at home. Then came 1066 and the French invasion, which changed our language for ever.

Over the ensuing centuries we had various refugees from religious persecution, Irish people in huge numbers when harvests failed, and then more recently people from the Commonwealth, starting with the recruitment of workers from the Caribbean in the nineteen-fifties and then those driven from their homes by Idi Amin in East Africa. And so it has gone on.

Yet here we are, quite clearly a nation, even if we don't all look or sound alike.

We may feel at times that it would be nice if everyone was just like we are, but deep down we know how boring that would be. It's a nice quiet afternoon exercise to map out our own answers to the question 'Who am I?'

### What are the things that really make me who I am?

I've done my list. I am, I suppose, first and foremost Christian. Then I'm British (English/Welsh), European (geography/culture), and a member of the wonderful, multi-coloured, argumentative, richly endowed but endlessly flawed human race.

In the words of the old Church of England catechism, which older readers may remember, the answer to the question 'Who are you?' is 'a child of God, and an inheritor of the kingdom of heaven'. Put it all together, and I'd settle for that.



## Mary Seacole (1805 – 1881.)

### Honours: Jamaican Order of Merit.

Mary Seacole was born Mary Jane Grant in Kingston, Jamaica, the daughter of a Scottish officer in the British army and a free Jamaican woman. The British military presence was due to the fact that a third of Britain's foreign trade was with the West Indies. Mary's mother ran a hotel called Blundell Hall. However Mary spent some years in the household of an elderly woman, whom she called the kind patroness, was treated as a member of the family and received a good education. So, as the educated daughter of a Scottish officer and a free black woman with a respectable business she would have enjoyed a high position in Jamaican society.

She married Edward Horatio Hamilton Seacole in Kingston on the 10<sup>th</sup> November 1836 and they moved to Black River, Jamaica, where they opened a provision store, which failed to prosper so they returned to Blundell Hall in 1840. However Mary suffered a series of personal disasters, namely, the Hotel burned down, her husband died in 1844 followed closely by her mother. But after a period of grief she composed herself and assumed the management of her mother's hotel, which had been restored. She later became widely known and respected especially among the European military visitors to Jamaica, who often stayed at Blundell Hall. In the cholera epidemic of 1850, which killed 32,000 Jamaicans, she treated many patients who had cholera; this first hand experience was to stand her in good stead later on.

She was to have further experience of treating cholera patients when she travelled to Cruces, Panama to visit her brother. Shortly after her arrival, the town was struck by cholera and she was on hand to treat the victims, the poor she treated free, the rich paid. Towards the end of the epidemic she herself became sick with cholera but survived. Her dedication and nursing skills were well known and she was asked by the Jamaican health authorities to minister to victims of a

severe outbreak of yellow fever, but there was little she could do. She returned to Panama in 1853 to red about the outbreak of war against Russia.

The Crimean War lasted from October 1853 to April 1856. Many thousands of troops were involved and hundreds perished mainly from cholera. William Howard Russell who was a reporter with the Times reported the terrible carnage. Mary Seacole read his reports and decided although now in her late forties to travel to Russia as a freelance nurse and also to set up a recuperation centre for wounded soldiers to rest. She travelled to London and then applied to be a nurse in Miss Florence Nightingale's hospital at Scutari. She applied to the war office and other government offices but was turned down even though she had ample testimony to her experience in nursing.

Although very upset by this, she was determined to travel to Constantinople to help the wounded by presenting herself to the hospital in Scutari. Many of the soldiers knew her and called out greetings to "Mother Seacole". Once again she met with rejection but decided to make her own way to Balaclava. So, after transferring most of her stores to the transport ship Albatross, she set out on the four-day journey to the British bridgehead at Balaclava. After her arrival in Balaclava she built a hotel from salvaged wood, packing cases and other salvaged material. It was opened in March 1855, and became an important refuge for the soldiers who had a dread of Turkish field hospitals. She treated patients suffering from cholera and dysentery; she was attentive to soldier's practical needs, such as their frequent colds for which she kept a store of handkerchiefs etc.

Mary Seacole often went out to the troops as a sutler, selling her provisions near the British camps at Kadikoi, and attending to the casualties brought out from the trenches at Sebastopol. She was widely known to the British soldiers as "Mother Seacole". In a despatch

written on 14<sup>th</sup> September 1855 by William Howard Russell in the Times she was described as a warm successful physician who doctors and cures all manner of men with extraordinary success. She is always in attendance near the battlefield to aid the wounded and has earned many a poor mans blessing.

After the war Mary Seacole returned to England destitute and in poor health, she attended a celebratory dinner for 2000 soldiers at the Royal Surrey Gardens in Kensington on the 25<sup>th</sup> August 1856 at which Florence Nightingale was chief guest of honour. Reports in the Times indicated that Mary was also feted by the huge crowds.

Unfortunately she was increasingly in dire financial straits and she was declared bankrupt on the 7<sup>th</sup> November 1856. However, her business problems may have been caused in part by her partner Day, who dabbled in horse-trading. There were several fund raising events for her. In 1860 she joined the Roman Catholic Church and later returned to Jamaica. She came back to London in 1870 hoping to render medical assistance in the Franco Prussian war but that did not materialise.

Mary Seacole died in 1881 at her home in Paddington. A short obituary was published in the Times and she was buried in St. Mary's Roman Catholic cemetery Kensal Green. Much controversy has arisen about her life but one thing is sure; she was a God-send to many soldiers.

**A blue plaque commemorating Mary Seacole is at 14 Soho Square, London. W.1. describing her as Jamaican Nurse Heroine of the Crimean War.**

*David Gibbs*

**References:** *Wikipedia*  
*The Victorians* by A.N. Wilson.  
*Wonderful Adventures of Mrs Seacole*  
by Mary Seacole.







## The story behind the HYMN: Now Thank We All Our God



Now thank we all our God  
With heart and hands and voices,  
Who wondrous things hath done,  
In whom His world rejoices;  
Who, from our mother's arms,  
Hath blessed us on our way  
With countless gifts of love,  
And still is ours today.

Oh may this bounteous God  
Through all our life be near us,  
With ever joyful hearts  
And blessed peace to cheer us;  
And keep us in His grace,  
And guide us when perplexed,  
And free us from all ills  
In this world and the next.

All praise and thanks to God  
The Father now be given,  
The Son, and Him who reigns  
With them in highest heaven,  
The one eternal God,  
Whom earth and heaven adore;  
For thus it was, is now,  
And shall be evermore.

*Martin Rinkart*

The joy and serenity of this hymn are staggering, when you learn the circumstances in which it was written. Martin Rinkart was a pastor at Eilenberg, Saxony, during the terrible Thirty Years' War (1618-1648).

As a walled city, Eilenberg offered some protection to the inhabitants. No wonder that political and military refugees of all sorts poured into the city, making it dangerously overcrowded. Soon the water supply was fouled, the sanitation overwhelmed, and the food ran out – leaving people famished and diseased.

In 1637 a terrible pestilence swept through the city, killing some 8,000 people, including Rinkart's beloved wife. By that time Rinkart was the only minister left in Eilenberg, because the others had either died or fled for their lives. Rinkart conducted the burial services for 4480 people, sometimes taking as many as 40 to 50 funerals a day!

Eilenberg was besieged and overrun three times – once by the Austrian army and twice by the Swedes. When a Swedish general demanded the town pay him 30,000 thalers. Martin Rinkart pleaded that the impoverished city could never meet such a levy, but the general scorned him. At that, Rinkart turned to his companions and said: 'Come, my children, we can find no mercy with man; let us take refuge with God.' On his knees there and then, Rinkart led his friends in a fervent prayer and in the singing of a hymn. The Swedish commander was so moved that he decided that the levy be not 30,000 thalers, but instead 1,350 thalers.

**Somehow, out of the hell of the Thirty Years War came this lovely hymn of peace and total trust in God.** Martin Rinkart had had to dig deep into his faith to survive, and the result was utter, serene dependence on God – despite chaos and destruction all around.

*Parish Pump*



### Samuel Wesley 1766 to 1837

Following on from my recent article on Charles Wesley, Samuel was born in Bristol, son of Charles and Sarah, both talented musicians. From early on, Samuel developed his musical skills in the home and took lessons learning the organ under the guidance of

David Williams, organist of All Saints, Bristol. However in 1778, the family moved to Marylebone in London. He quickly mastered playing the violin, harpsicord as well as the organ, although he never secured an organist's post despite applying to the Foundling Hospital in 1798 and 1813 and to St Georges, Hanover Square in 1815. He is credited with being a pioneer of the organ recital, which until the 19<sup>th</sup> century had not been considered a suitable form of music for churches. He was considered a wonderful extemporizer on the organ. Mendelssohn was a great friend and the two were enthusiasts of Bach's music which did much to bring about popularity of his music.

He was a conductor, music teacher and lecturer, His compositions amount to over 120 organ works, 41 Latin motets, at least two masses, *Missa Solemnis* and *Missa de Spiritu*, 6 symphonies, 5 organ concertos, 65 piano pieces and over 100 hymn tunes.

He died in 1837 and buried in St Marylebone Parish Church, London.

Sources: Wikipedia *S Wesley* and *The Oxford Junior Companion to Music* by Percy Scholes  
*Adrian Wilson.*

### Christ Church Roath Park choir

is affiliated to the Royal School of Church Music (RSCM). This organisation provides choral guidance and organist training for those mainly serving in Parish Choirs. It is split into several regional areas around the UK and Ireland, plus a few overseas areas. Events and training takes place in each area. In South East Wales, our next event is a festival service:

***With Saintry Shout and Solemn Jubilee***

**Saturday 15th October 2016  
in Llandaff Cathedral.**

It usually follows a format of rehearsal for participating choirs and individuals starting at 14:00 and, after a short break, runs into the service (*open to the public*) at about 17:00 – time to be confirmed. Christ Church choir will be attending in their robes, together with many other choirs from within the Area. It is an impressive afternoon!

**We are also giving thought to Advent and Christmas music in Christ Church. Should anyone have particular favourites they would like to hear, please let Julie know on [julie.waller@btinternet.com](mailto:julie.waller@btinternet.com)**



# Coming Events



**Harvest Supper**  
**Friday 14th October**  
 Christ Church Hall  
 Further details will be in the  
 September newsletters



**J WALKERS**  
 Youth Group 11-16 yr olds  
 Come and join this new group  
 every third Sunday each month  
 at the 10 am service -  
 next one 18th September



**CHATTERBOX**  
 Babies and toddlers with parents/  
 grandparents  
 Thursdays 1.30 pm - 3.00 pm  
 in Christ Church Hall during term time  
 Contact Gill Barker - 20747464  
 Ann Francis - 20751773



**QUIET GARDEN - AUTUMN**  
 Methodist Church, Melbourne Rd  
 Thursday 29th September  
 10.30 am for 11.00 am  
 Quiet Garden reflection  
 'STONES'

Half hour of prayer and silence for Autumn  
 Tea & coffee served from, 10.30 am



**Tools with a Mission**  
 Eric Howell is waiting for your  
 unwanted/unused  
 "HAND TOOLS"

used for all trades - carpentry, motor mechanics,  
 builders, electricians, plumbing, gardening etc  
 including sewing machines, sewing & craft items.

All to help organisations in various  
 African countries  
 Contact Eric Howell 029 20470057  
 or speak to Eric in Church.  
 Time to declutter . . . . .

Many thanks . . . to those who have passed  
 on wool for the various charity projects outlined in  
 the July Credo.

I intend to continue collecting wool ...any quantity  
 and type, so if anyone has any they wish to donate,  
 please get in touch, or leave  
 in a labelled bag at the back  
 of church.



**Val Jones 029 20747021**

**Christ Church Society 2016**  
**Wednesday 21st September**



7.30 pm  
 Speaker: John Watkins  
 Maker of Violins,  
 violas and cellos  
**ALL WELCOME**



**Prayer Link 2016**  
 Churches Together in Llanishen & District  
**Saturdays 10.00 am - 11.00 am**

**6th August - St Brigid's (RC)**  
 Crystal Glen  
 3rd September - Bethel United Reform  
 Llangranog Rd. off Templeton Ave.  
**ALL WELCOME**



**Altar Kneeler Project.**

Tuesday and Thursday  
 home stitching continue weekly  
 contact Posy for details

Next Saturday meetings 10am - 12 noon  
**20th August & 17th September**

Join the stitchers in the Church Hall  
 to view the progress,  
 put a few stitches in the newest panel  
 and have a cup of coffee or tea

**Contact: Posy Akande 07807628212**



**Good Companions -**  
**Appeal for Volunteer Drivers**  
**- to start September**

Members of the Good Companions Club meet in the  
**Church Hall Tuesday afternoon (except school**  
*holidays) from 2.00 pm - 4.00 pm.*

**Could YOU help?**

to transport elderly mobile members once a month  
 Members, often living alone, welcome the  
 opportunity for a friendly chat, cup of tea and biscuit  
 and often knit articles for charity.

You are also welcome to help  
 with making the tea and having a chat!

Please contact Norma Ash Tel:20754835 or email  
 normaash000@googlemail.com

## MESSY HOLIDAY



Saturday 23rd July at Christ Church

It was a really festive event which concentrated on Jesus' water miracles of walking on the water and stilling the storm. We had around 30 children plus their parents.

We happily had a large number of helpers who all worked like Trojans.....particularly in the kitchen. We always finish with food for both the children and the adults and we all enjoyed pasta with sauce and cheese thanks to the capable cooks.

We had blue jelly with a jelly walking Jesus and a brilliant piece of art work depicting the calming of the storm, which was an opportunity to paint with feet. The water theme included a paddling pool, boats, and bubble machines.

Trystan gave a relevant talk and Sandra and Sue led some watery songs.

The atmosphere at messy church is always happy and we always enjoy providing a fun filled meaningful experience.

Thanks to all the helpers without whom we would just be a complete mess. Thanks everyone.  
*Linda Alexander*

The children and young people of Christ Church have been really busy during the last month.

### Funky Church

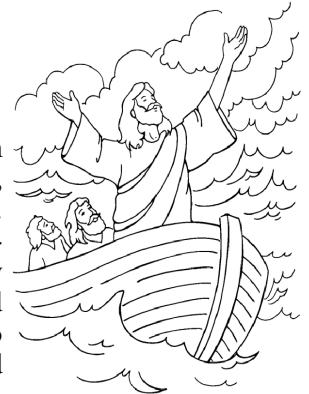
Funky Church children have recently been exploring stories from the New Testament including:

The Great Catch (fishermen);

Jesus calming the Storm;

Feeding the Five Thousand and Walking on Water.

As usual the children have been enthusiastic in acting out stories, making crafts and playing games. It is great to have so many children come along to Funky Church. The team of leaders and helpers is particularly grateful to the parents who come along and help so willingly.



### J Walkers (short for Jesus Walkers)

At the last couple of **Sunday morning** J Walker sessions, young people and leaders have explored how to be better listeners in various aspects of Christian life, and the importance of not always looking down at mobile devices, but looking up to beauty and at those close to us.

**Sunday evening** sessions have included many games, activities and discussions. Along with some new friends from St Denys Church, Lisvane, members of J Walkers had a great visit to Barry Island in early July. An afternoon of games and fun culminated in a fish and chip supper, before returning home on the train.

Current J Walkers look forward to greeting new members from Funky Church in the new school year, and, of course, any others who would like to come along to morning and/ evening sessions. **From September it is planned to extend J Walkers' Sunday morning sessions to twice a month – the third and fourth Sundays, and to trial holding our evening sessions every week (initially up to the October half term.)**

During the summer school holidays there will be no formal Funky Church or J Walkers, but during every 10am service there will be DVDs and other activities in the hall for children and young people.  
*Val Jones*

### Letters of thanks



Marjorie and John Walker thank everyone very much who sent cards and kind messages after the sad loss of their son-in-law Andrew

Liz Reid and family would like to thank everyone at Christ Church for their wonderful support after Peter's death.

We so appreciated your prayers, visits and cards that made a difficult time much easier.



## TELEVISION

When did television start? I bet you didn't know that it started on 22nd August 1932 when the British Broadcasting Corporation introduced its first regular TV service in the London area. By the summer of 1949 television began to be available outside London and 1954 saw the first daily news bulletins and weather forecasts. Colour pictures arrived at the end of 1969.

Lots of people moan about what is on television and what a waste of time it is, but there are good things to say for it too. Without the news reports of famine in Africa would we have had Live Aid? And what about Comic Relief and Children in Need?

TV entertains and educates. It helps us to relax, and it can also help us to pray by showing us the world. We see the natural disasters of weather like tsunami and hurricanes. We see people hurt and made homeless by war. And we turn to God and ask Him to help those who suffer and we pray for them, remembering that we are God's hands here on earth.

## EYE SEE YOU

All the answers to this Bible quiz are to do with eyes and seeing. Answers at the bottom of the page.

1. What is the name of the village where Jesus healed a blind man? (Luke, chapter 8)
2. What eye can a camel go through more easily than a rich man? (Matthew, chapter 19)
3. Joseph talks about his eyes and the eyes of which one of his brothers? (Genesis, chapter 45)
4. What did Moses see in the desert at Horeb? (Exodus, chapter 3)
5. Where did Jesus send the blind man to wash his eyes? (John, chapter 9)
6. What are the eyes like of the one who rides a white horse? (Revelation, chapter 19)

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### Why do beavers spend a fortune on the internet?

They never want to log off.



### How do you stop the batteries in your Play Station running out?

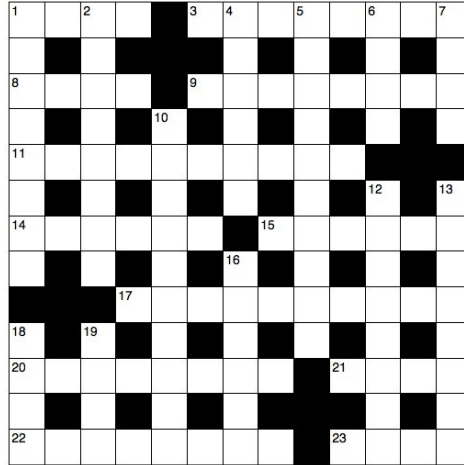
Hide their trainers.

- 
- Answers: 1. Bethsaida  
 2. the eye of a needle 3. Benjamin  
 4. a burning bush 5. the pool of Siloam  
 6. like a flame of fire.



# CROSSWORD PUZZLE

- ACROSS** 1 and 3 Two of the disciples who witnessed the transfiguration of Jesus (Luke 9:28) (4,3,5)  
 3 See 1 Across  
 8 'Let us draw — to God with a sincere heart in full assurance of faith' (Hebrews 10:22) (4)  
 9 O Simon is (anag.) (8)  
 11 Form of government under the direct rule of God or his agents (10)  
 14 How Jesus found his disciples when he returned to them after praying in Gethsemane (Luke 22:45) (6)  
 15 In The Pilgrim's Progress, the name of the meadow into which Christian strayed, which led to Doubting Castle (2-4)  
 17 Glad sin rat (anag.) (10)  
 20 Spinal column (Leviticus 3:9) (8)  
 21 Valley of the Balsam Tree with a reputation of being a waterless place (Psalm 84:6) (4)  
 22 'The oracle of Balaam son of Beor, the oracle of one — — sees clearly' Numbers 24:3) (5,3)  
 23 Adam and Eve's third son (Genesis 4:25) (4)



**Across:** 1, John; 3, And James; 8, Near; 9, Omission; 11, Theocratic; 14, Asleep; 15, By-path; 17, Stallingsrad; 20, Backbone; 21, Baca; 22, Whose eye; 23, Seth.

**Down:** 1, Jonathan; 2, Heavenly; 4, No meat; 5, Justifying; 6, Maid; 7, Sins; 10, Acceptable; 12, Marriage; 13, Shadrach; 16, Plenty; 18, A bow; 19, ECHO.

- DOWN**  
 1 David's great friend (1 Samuel 20:17) (8)  
 2 'The Lord... will bring me safely to his — kingdom' (2 Timothy 4:18) (8)  
 4 'I, Daniel, mourned for three weeks. I ate no choice food; — or wine touched my lips' (Daniel 10:3) (2,4)  
 5 Seeking to vindicate (Job 32:2) (10)  
 6 Female servant (Isaiah 24:2) (4)  
 7 'For Christ died for — once for all' (1 Peter 3:18) (4)  
 10 'Offering spiritual sacrifices — to God through Jesus Christ' (1 Peter 2:5) (10)  
 12 Jesus said that some people had renounced this 'because of the kingdom of heaven' (Matthew 19:12) (8)  
 13 One of the three men thrown into the furnace for refusing to worship Nebuchadnezzar's golden image (Daniel 3:20) (8)  
 16 'You have — of good things laid up for many years. Take life easy; eat, drink and be merry' (Luke 12:19) (6)  
 18 'There before me was a white horse! Its rider held — — , and he was given a crown' (Revelation 6:2) (1,3)  
 19 Equipment to Charity Hospitals Overseas (1,1,1,1)



Your Food contributions are much appreciated with many of you giving on a regular basis. It may be summer holiday time but provisions are needed continuously. So in advance many thanks for your continued support and to those who help to distribute and endeavour to provide practical and immediate solutions to individuals and families in a crisis. **There is a list of suggested provisions and a Box in the Church Porch.** To get involved pick up a leaflet or call 029 20484120

Christ Church - the Church by the Lake  
 where everyone is welcome.

Visit our new informative and updated website  
 let your friends and family know too!  
[www.christchurchcardiff.co.uk](http://www.christchurchcardiff.co.uk)



Photo - Adrian Wilson

Welcome cake for our new curate Revd. Jordan Hillebert and his wife Krisi on their first Sunday with us at Christ Church on Sunday 26th June. Jordan and Krisi have contributed articles for this August/September edition of Credo about themselves on page 4. We will look forward to Jordan's monthly contribution.

Articles always welcomed from readers - pass to John Griffiths or Claire Edwards. (200 words about quarter of a page.)

HAPPY holidays to all our Readers and safe journey wherever you may travel.



## GOD IN THE ARTS .

### 'He gave us eyes to see them': Church Pulpits

It is a steep climb of 199 steps that leads the visitor to Whitby from the streets below to the church of St Mary's that stands near the ruined abbey. Having negotiated the climb, the visitor enters the church and is greeted by a glorious array of Georgian furnishings: box pews and a triple decker pulpit with candlesticks and cushions. The clerk would sit at the bottom level to give out the notices, the parson would lead the service in the middle, and then he would ascend to the third level to expound the Word of God.

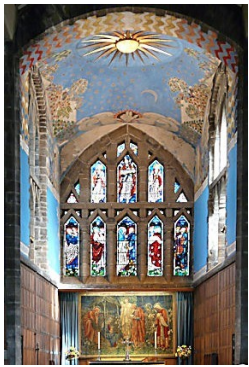


George Herbert says that for the country parson the pulpit should be 'his joy and his throne.' Sydney Smith had a different slant when he wrote on going into the pulpit of All Saints Church in Foston in 1806: 'When I began to thump the pulpit cushion on my first coming to Foston, the accumulated dust of 150 years made such a cloud that for some minutes I lost sight of the congregation.' Not so at Whitby where the church is cared for and well loved.

Today preachers often remain at ground level, the better to interact with their congregations, but here at St Mary's Church the pulpit is a sign of the importance of teaching the Word: not because the preacher stands eight feet above contradiction, but to allow people to see and hear.

The word 'pulpit' means a platform or raised area to address the gathered family of God. As we look on in the pews, it stands often on our left. But God looks at us from the east end of the church and the pulpit stands at his right hand: a sign that the sermon can be the divinely inspired message of prophet and teacher, and so become living and active in the minds and hearts of its hearers.

### 'He gave us eyes to see them': the Church roof and Ceiling



Each month we have been making our way through the church building and pausing to ponder different areas. This month we look up to the roof and ceiling of the church. In Gothic buildings our hearts are lifted high as the architecture soars upwards, trying to touch the very skirts of heaven. Norman churches in an earlier age by contrast seem weighed down by the stonework with heavy pillars and simpler windows.

This August we travel to a church consecrated much later – at the beginning of the 20th century. It is a wonderful monument to the Arts and Crafts Movement: St Andrew's Church at Roker, near Sunderland. It was commissioned by a shipyard millionaire, and there is a vivid sense of an upturned boat as we enter the nave. The building abounds with riches: a font with its cover by Mouseman Thompson of Kilburn, lettering by Eric Gill on plaques around the walls, and a beautiful lectern by Ernest Gimson. But our eyes are drawn to the east end – to the reredos tapestry of Burne-Jones, and then above, a ceiling by Eric Gill's brother, MacDonald, that proclaims the glory of creation.

The sky is studded with stars and the moon, and surrounded by trees and undulating lines of water. In the centre the sun is a brilliant light fitting for the east end. And from the clouds we see the creative hand of God raised in blessing. It is the opening chapter of Genesis portrayed in colour and shape above us. There we read that God rested on the seventh day. As we give thanks for that glory we see in St Andrew's Church and in our world around, we can hear George Herbert's hymn telling us how a life of work and rest should always be permeated by praise: **Sev'n whole days, not one in seven,  
I will praise thee.'**

*Rev. Michael Burgess - Parish Pump*

## The Only sure way to Lose weight.

Obese people should forget pointless low-fat diets and exercise regimes. They will continue to gain weight unless they do one simple thing: **"eat less."** So says Lord McColl, emeritus professor of surgery at Guys Hospital in London, and former shadow health secretary. He said that the current health advice about avoiding fat was 'false and misleading'.

Lord McColl also told a House of Lords debate that exercising was useless against the huge levels of calories from carbohydrates and sugars that we are now consuming. "...go into the gymnasium, get on a machine and exercise to see how few calories you actually burn off... One has to run miles to take a pound of fat off."

Instead, Lord McColl points out:

**"One fact remains. It is impossible to be obese unless one is eating too many calories."**

*Parish Pump*



**SEPTEMBER DIARY**



Thursday 1<sup>st</sup> 9.30 am Holy Eucharist *(tea & coffee to follow)*

**Sunday 4<sup>th</sup> TRINITY 15**  
 8.00 am Holy Eucharist  
 10.00 am FAMILY COMMUNION  
 6.00 pm Service of Light

Tuesday 6<sup>th</sup> 10.00 am - 12.00 noon Church open for PRAYER

**Sunday 11<sup>th</sup> TRINITY 16**  
 8.00 am Holy Eucharist  
 10.00 am Parish Eucharist & Funky Church  
 6.00 pm Taize Worship

Thursday 15<sup>th</sup> 9.30 am Holy Eucharist *(tea & coffee to follow)*

**Sunday 18<sup>th</sup> TRINITY 17 - PARISH BREAKFAST**  
*(see front page)*



8.00 am Holy Eucharist  
 10.00 am Parish Eucharist, Funky Church  
 and J Walkers Youth Group  
 6.00 pm Social Justice Worship

**Sunday 25<sup>th</sup> TRINITY 18**  
 8.00 am Holy Eucharist  
 10.00 am Parish Eucharist, Funky Church  
 and J Walkers Youth Group  
 6.00 pm Celtic Night Prayer



**Sunday 2<sup>nd</sup> OCTOBER HARVEST THANKSGIVING**

8.00 am Holy Eucharist  
 10.00 am FAMILY SERVICE  
 6.00 pm Service of Light



Tuesday 4<sup>th</sup> October 10.00am - 12.00noon Church open for PRAYER

Prayers for Healing 10.00 am  
 every Wednesday in Parish Office

Other services & activities as announced in the newsletter

**Date to Note**

Thursday 17th November 7.30 pm

**"Grill the Vicar"**

A great opportunity for you to ask  
 Revd. Trystan and Revd. Jordan  
 any burning theological or ethical  
 questions you have!



**WHO'S WHO  
 at Christ Church  
 Lake Road North  
 Cardiff CF23 5QN**

**Priest in charge:**  
 Rev. Trystan Owain Hughes  
 Tel: 20758588

**Curate:**  
 Rev. Jordan Hillebert  
 Tel: 07936 288330

**Parish Secretary**  
 Denise Searle: at Parish Office

**Parish Office/Hall Enquiries**  
 Tel: 20763151

**Email:**  
 info@christchurchcardiff.co.uk  
**Web site:**  
 www.christchurchcardiff.co.uk

**Church Wardens**  
 Haydn Hopkins Tel: 20621280  
 Colin Francis Tel: 20751773

**Reader**  
 Dominic de Saulles

**P CC Secretary**  
 Judith Hill Tel: 20758080

**Treasurer**  
 John Hodgson Tel: 20764485

**Gift Aid Secretary**  
 Gerald Bradnum Tel: 20751177

**Electoral Roll Officer**  
 David Alexander Tel: 20759704

**Magazine Editor**  
 John Griffiths Tel: 20754370

**Sacristan**  
 Len Bowker Tel: 20758493  
*Assistant:* Haydn Hopkins  
 Tel: 20621280

**Organist /Choir**  
 Julie Waller Tel: 20615007

**Funky Church**  
 Karen Payne Tel: 20765428  
 Sandra Tel: 20758588

**Flower Rota Organiser**  
 Sylvia Dowell Tel: 20408265

**Churches Together**  
 Julie Waller Tel: 20615007

**WORSHIP AT CHRIST CHURCH****Sunday**

8.00 a.m. The Holy Eucharist  
 10.00 a.m. The Parish Eucharist  
 6.00 p.m. Evening Service

**Weekdays**

**Thursday 9.30 a.m. The Holy Eucharist**  
 (Saints' Days and Festivals: See Parish Diary)

**PARISH PRAYER GROUP**

in the Lady Chapel  
 Wednesday, 10.00 am

Eucharist for healing  
 with anointing and the laying on of hands as announced.

Holy Communion is taken to the sick and housebound,  
 and anointing as requested.

Please inform the Vicar in cases of sickness, bereavement or distress.

**OTHER SERVICES**

Please arrange with the Vicar  
 for baptism, confirmation, marriage and funerals.

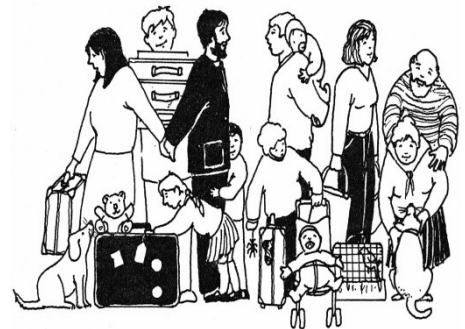
The Vicar is happy to arrange times for the  
 Sacrament of Reconciliation (Confession) or for counsel.

**From the Registers****June 2016 Communicants**

Sundays	5th	120
	12th	98
	19th	98
	26th	94

Weekday communicants 35

Communions of the ill  
 & housebound at Cartref 15

**FELLOWSHIP AT CHRIST CHURCH****GOOD COMPANIONS**

Tuesdays at 2.00 p.m.  
 Norma Ash 20754835

**CHRIST CHURCH SOCIETY**

4-5 times annually  
 Howard Kilvington 20317301

**LADIES KEEP FIT GROUP**

Mondays at 7.30 p.m.  
 Jill Kilvington 20317301

**FELLOWSHIP & BIBLE  
STUDY GROUPS**

(see newsletter for details)  
 Haydn Hopkins 20621280  
 Linda Alexander 20759704

**SERVERS' GUILD**

Sunday morning and as announced  
 Gerald Bradnum 20751177

**CHATTERBOX**

Thursday 1.30 - 3.00 pm  
 during Term time  
 Gill Barker 20747464  
 Ann Francis - 20751773

**FUNKY CHURCH**

Karen Payne 20765428  
 Sandra 20758588

**YOUTH GROUP  
(11-16 year olds)**

Meet monthly  
 Rev. Trystan Hughes 20758588

**CHOIR**

Thursdays at 6.30 pm  
 Julie Waller  
 Tel: 20615007

**RAINBOWS**

Tuesdays at 5.00 p.m.  
 Emma Lane 07975505863

**BROWNIES**

Mondays at 6.00 pm.

**84th SCOUT GROUP**

Group Scout Leader  
 vacant

Group Committee Chairman  
 Geoff Payne 20756577

Enquiries to Caryl Roach 20754463

**BEAVERS**

Thursdays at 5.30 p.m.  
 Stephanie Barker 07962012910

**CUBS**

Wednesdays 6.15 p.m.  
 Simon Rimell

**SCOUTS**

Wednesdays 7.30 p.m.  
 Simon Broadley