# Newsletter Church, Roath Park Lake Road North, Cardiff, CF23 5QN

### **Welcome to Christ Church**

Week commencing 27th January 2019

### Sunday 27th January - Epiphany 4

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.00pm Evening Worship

6.30pm J-Walkers

Monday 28<sup>th</sup> 7.15pm Alpha

7.30pm Keep Fit

**Tuesday 29<sup>th</sup> 2.00pm Good Companions** 

Thursday 30<sup>th</sup> 1.30pm Chatterbox

### Sunday 3<sup>rd</sup> February – 5<sup>th</sup> Sunday before Lent

8.00am Holy Eucharist

10.00am Family Service

6.00pm Evening Worship

6.30pm J-Walkers

### **Epiphany 4**

### **Collect**

Creator God, who in the beginning commanded the light to shine out of darkness: we pray that the light of the glorious gospel of Christ may dispel the darkness of ignorance and unbelief, shine into the hearts of all your people, and reveal the knowledge of your glory in the face of Jesus Christ your Son our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen** 

### The first reading is from the Book of Nehemiah

All the people came together as one in the square before the Water Gate. They told Ezra the teacher of the Law to bring out the Book of the Law of Moses, which the Lord had commanded for Israel.

So on the first day of the seventh month Ezra the priest brought the Law before the assembly, which was made up of men and women and all who were able to understand. He read it aloud from daybreak till noon as he faced the square before the Water Gate in the presence of the men, women and others who could understand. And all the people listened attentively to the Book of the Law.

Ezra opened the book. All the people could see him because he was standing above them; and as he opened it, the people all stood up. Ezra praised the Lord, the great God; and all the people lifted their hands and responded, 'Amen! Amen!' Then they bowed down and worshipped the Lord with their faces to the ground.

They read from the Book of the Law of God, making it clear and giving the meaning so that the people understood what was being read. Then Nehemiah the governor, Ezra the priest and teacher of the Law, and the Levites who were instructing the people said to them all, 'This day is holy to the Lord your God. Do not mourn or weep.' For all the people had been weeping as they listened to the words of the Law. Nehemiah said, 'Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, for the joy of the Lord is your strength.'

(Nehemiah 8: 1-3, 5-6, 8-10)

# This is the Word of the Lord Thanks be to God

Psalm 19: 1-6 (Pg.465)

# Listen to the Gospel of Christ according to Luke Glory to you, O Lord

Jesus returned to Galilee in the power of the Spirit, and news about him spread through the whole countryside. He was teaching in their synagogues, and everyone praised him.

He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:

'The Spirit of the Lord is on me,

because he has anointed me

to proclaim good news to the poor.

He has sent me to proclaim freedom for the prisoners

and recovery of sight for the blind,

to set the oppressed free,

to proclaim the year of the Lord's favour.'

Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him. He began by saying to them, 'Today this scripture is fulfilled in your hearing.'

(Luke 4: 14-21)

# This is the Gospel of the Lord **Praise to you O Christ**

### **Post Communion Prayer**

Living Lord, in word and eucharist we have proclaimed the mystery of your love: help us so to live out our days that we may be signs of your wonders in the world; through Jesus Christ our Saviour. **Amen** 

### Next Sunday's Readings & Rotas

**Eucharist:** 1 Corinthians 13: 1-7, 11-13 & Luke 4: 14-21

**Reader:** Immy Hurrell

Intercessors: Bea Ryland & Lena Lacey-Hughes

Welcoming Team: Eric Howell, Isabel Santore

Coffee: James & Posy Akande, Derek & Liz Burston

Ministers of Communion: Emma Laing

(Reserve: Howard Kilvington)

### **WEEKLY PRAYERS**

**Sunday:** Pray for the Igrega Episcopal Anglicana de Brazil; for the Parish of Dyffryn; for the Keep Fit Group; for the residents of Heath Park Crescent.

**Thursday:** Pray for the Church in Luapula, Central Africa; for the Parish of Llansawal, Briton Ferry; for the Line Dancers; for the residents of Highfield Road.

**Sunday:** Pray for the Anglican Church of Burundi; for the Parish of Colwinston, Llandow & Llysworney; for the ConneXions groups; for the residents of King George V Drive.

Please also pray for our partner church, St Denys, Lisvane.

For the prayers for the remaining days of the week please see: <a href="www.llandaffchurchinwales.org.uk">www.llandaffchurchinwales.org.uk</a> under Faith Worship & Prayer (the Diocesan Prayer Calendar).

IF YOU FEEL UNABLE TO RECEIVE FROM THE CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

### **NOTICES**

**THANK YOU:** We would like to say a HUGE "Thank you" to Julie Waller, who stepped down as Musical Director at the end of 2018 after running the music and choir for almost a decade. She has done a wonderful job and we very much appreciate her hard work, talents and enthusiasm. We are delighted that she will continue attending the church, helping with the music and other aspects of our worship and community life. We will be celebrating her time as Musical Director with short prayer of thanks for her musical ministery at the end of the 10am service and then with a cake and prestentation in the hall afterwards

**EVENING WORSHIP:** The 6.00pm service this evening will be led by Sally Lewis and will be an Evening Prayer service following the Common Book of Prayer. All welcome!

**ALPHA COURSE:** We are running an Alpha Course on Monday evenings at 7.15pm which is open to all, church members or not, believers and non-believers. It's a chance to ask all the questions you've always wanted to ask but were afraid to do so. More information from Linda Alexander, 07814 759559.

**HELP PLEASE!!:** We are in urgent need of more drivers to help with lifts to and/ or from Good Companions on Tuesday afternoons...can you help? At 2pm? 4pm? Occasionally? Weekly? Fortnightly? Monthly? To discuss please speak to Val 02920 747021 or Alison 02920 761277. Thank you.

**OPEN THE BOOK TRAINING:** Open the Book training will be held in Christ Church on Monday 18th February between 10am and 1pm. We are building a team to present dramatic Bible presentations in Ton-Yr-Ywen primary school once a term on a Monday morning between 9am and 10am. If we get enough people in the team, individuals may only have to attend once or twice a year. Please think about joining if you can. See Gareth or Trystan for more details or to register your interest.

**J-WALKERS EVENING YOUTH GROUP:** This evening at 6.30pm. All young people aged 11-18 are very welcome to come along!

**THURSDAY 9.30am EUCHARIST**: The Eucharist is on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of each month. The upcoming dates are on the **7<sup>th</sup> & 21<sup>st</sup> February.** Tea and coffee are available afterwards.

**REV'D TRYSTAN RETURNS:** We are delighted that Rev'd Trystan has returned after being off work with his back injury. Because of his

continuing recovery Rev'd Trystan will only be involved in parts of services, rather than taking whole services. Neither will he be able to take baptisms or funerals. The Pastoral Care Team will cover his visiting. Please understand that he cannot stay standing or sitting for any period of time, so please forgive him if he has to disappear quickly at times, or has to cut conversations short when he speaks to you. Welcome back Rev'd Trystan!

**ELECTORAL ROLL:** If you consider Christ Church your home church, then we would love to include you on our church members list, known as the Electoral Roll. You can be on the electoral roll whether you attend services regularly or infrequently. Being on the electoral roll helps show the diocese how well supported Christ Church is. Application forms for inclusion on the Electoral Roll, together with details printed on the back, are available at the entrance to the Church. After you have filled in the form place it in the receptacle provided. David Alexander, Electoral Roll Officer. Any questions about the Electoral Roll, please speak to David, Revd Trystan, or Revd Jordan.

**CHRIST CHURCH SOCIETY**: Wednesday 20<sup>th</sup> February, at 7.30 pm, in the Church Hall. The next meeting of the Society will feature a talk with Romeo Basini "Italian Connection, Part 2", following on from his previous talk, which many of you will remember, on the Bracchi Cafes before the War. The subscription is £5 inclusive of buffet and refreshments. Please add your name to the list in the church porch.

**UNWANTED TOILETRIES:** The Good Companions are collecting any unwanted toiletries; these will be offered to emergency patients at the Heath Hospital who often have no personal items or money with them when they are admitted. Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

**CHURCH OPEN FOR PRAYER:** Please note that in future the church will be open for private prayer on the **first Wednesday** of each month, 10am to 12 noon. The next date will be February 6<sup>th</sup>.

**COLLECTION:** If you prefer to give a weekly cash contribution during the various services, and you are a UK Tax payer, then there are envelopes in the pews to enable us to reclaim tax. Please do use an envelope, as, at the moment, this equates to an extra 25p for each £1 you give.

**BRITISH & FOREIGN STAMPS:** Donate your used stamps for Goodwill Children's Homes. See Notice in the Church Porch. Give to Claire Edwards

or leave marked in an envelope in the Church Porch. It helps if you can leave approx. 1 cm of paper around the stamp. Many thanks.

### NEW HALL PROJECT TARGET £100,000

Our Planning Application has been approved! We are getting closer to the long held dream of a NEW HALL so we need to redouble our fund raising efforts to make it a reality.

### SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN BUT ALL NEED YOUR SUPPORT

**ALLOTMENT PRODUCE & HOMEMADE PRESERVES:** Thanks to all those who have supplied fresh produce and homemade preserves this year with thanks to all the buyers! Look out for freshly made Seville marmalade and other variations coming soon! Claire Edwards.

**OLD POUND COINS:** We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. THANKS Linda Alexander

**CAKE MAKING** - cakes always sell!

#### **MUSIC CONCERTS**

**SCRAP GOLD**: Shirley Davies is still collecting scrap gold - broken chains, odd earrings and similar. Any gold item you no longer want can be added to the pile, which has already raised over £575! Please continue to support.

**GREETING CARDS:** for birthday and special occasions - available in the Church Hall after the 10am service, in the Church Porch and often on Tuesday afternoons at Good Companions. Funds will support the New Church Hall project at Christ Church. Contact Shirley Davies if more information needed.

**CROSS IN MY POCKET:** These handmade embroidered crosses are ideal to keep in your phone case/purse/wallet or would make ideal gifts to pop in a birthday card. There is a plentiful supply in the church porch in all the colours of the rainbow: a donation of £1 will go towards the hall. Many thanks.

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email <a href="mailto:info@christchurchcardiff.co.uk">info@christchurchcardiff.co.uk</a> or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

## CHRIST CHURCH HAS BOTH FACEBOOK AND TWITTER

please check them out and "like" and follow them for up to date church information on services and events

<u>www.facebook.com/christchurchcardiff</u>

<u>www.twitter.com/ChristChCardiff</u>

#### **PARISH INFORMATION**

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634 <a href="mailto:trystanhughes@churchinwales.org.uk">trystanhughes@churchinwales.org.uk</a>

Curate: Revd Jordan Hillebert Tel: 079 36288330

Jordan.hillebert@stpadarns.ac.uk Parish Office: 029 20763151 -

open Mon & Weds 9.30am to 12.30pm

Churchwardens: Haydn Hopkins 029 20621280 or

07970 079797

**Colin Francis:** 029 20751773

Parish Website: www.christchurchcardiff.co.uk info@christchurchcardiff.co.uk

# <u>ConneXion Groups (\*-coordinators)</u> ConneXion groups meet once a month

Our ConneXion Groups meet once-a-month to discuss, socialise, learn, and have fun. Interested in joining one of them? Please do talk to Revd Trystan or email him on trystanhughes@churchinwales.org.uk

### Group 1 (daytime)

Val Jones\*
Isabel Santore
Glenys Nettleton
Audrey Lewis
Margaret Griffiths
George Cable
Nadia Bunston
Liz Reid
Carol Rudram

#### Group 2 (evening)

Haydn and Jill Hopkins \*
Julie Waller
Jane Song
Claire Edwards
Margaret Griffiths
Julia Matthews
Hannah Burch
Mary Payne
Jane Roberts
Gwilym Roberts
Hilary Chiles
Rev'd Jordan Hillebert
Andrew Wade

If you would like to join a group, please do let Revd Trystan know.

### Group 3 (evening)

Linda Alexander \*
David Alexander
Chris Vokes
Derek Burston
Elizabeth Burston
Siu Chan
Gill Barker
Clare Dow
Sally Lewis
Sylvia McCarty
Kate Thomas

#### Group 4 (evening)

Trystan & Sandra Hughes \*
Emma Breraton
Sarah Goldsmith
James & Ingrid Preston
Anna & Paul Mortimore
Hannah Burch
Alex Kinsey & Ethan James
Justin and Coral Freeman
Fernanda Gray
Rebekka Jones
Andy Taylor

### **Group 5 (evening)**

Sue Hurrell \*
Emma Laing
Sandra Hughes
Ruth Payne
Justine Ryland
Jo Jefford
Michele Browne
Jane Roberts
Flora Samuel
Jenny Wigley

### **PRAYERS & VISITING**

**PRAYER LIST**: from now on names will only appear on the list for one month and will then be removed, unless you let the vicar or wardens know otherwise. Please give names of sick or those in need of prayer to Trystan or the wardens, preferably on paper and include your name too.

**HOME VISITING**: If you, or anyone you know, are unable to attend church due to ill health or an accident, please do let us know. If you would like one of our Pastoral Visiting team to call for a chat, to help, or to give Home Communion, we will arrange it. Please contact Gerald Bradnum on 029 20 751177 or <a href="mailto:gbradnum@gmail.com">gbradnum@gmail.com</a>

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|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Name:                                                                                                                                                                          |
| Telephone:                                                                                                                                                                     |
| (Please tick appropriately and hand to a Welcome Team member or the Clergy)                                                                                                    |
| <ul><li>□ I would like to receive a pastoral visit.</li><li>□ I would like to receive Communion at home.</li><li>□ I would like to be prayed for by the Prayer Team.</li></ul> |
| What is your prayer request? (optional)                                                                                                                                        |

### Children's Colouring Page

