



# CREDO

**60p**

**Volume 24 Issue 4**

**The Parish Magazine of Christ Church, Roath Park  
Lake Road North, CARDIFF CF 23 5QN**

## NEW CHURCH HALL GIVING US NEW VISION FOR THE FUTURE

After much deliberation it was good to present the new church hall plans after the Church Vestry meeting on the 9th April. We are grateful to our architect Dr Ed Green of the Pentan Partnership for his ideas and willingness to revise again and again as we thought the project through.

There will still be a few tweaks but the plan presented to the meeting was accepted more or less wholeheartedly. We are currently following up various comments and will take these into account as necessary.

### People ask why we need a new hall.

The original hall is well past its sell by date and we need a more flexible and larger space, not only for our needs but for the community that we serve. We are producing a "village" hall which we hope will be an attractive addition to our area and will attract many new users.

We believe that this new plan will give us what we need without excessive cost and hope that planning permission will be given to us soon.

We are planning to sell a strip of land adjacent to the houses on Lake Road North. We ask you to pray with us that we get a good sum for the land which will help pay for the building.

However, we will still need your help and enthusiasm in getting us to the final sum we need. All fund raising ideas are most welcome.

*Linda Alexander,  
Chair of New Hall Committee*



Christ Church the  
Church by the Lake  
where everyone is  
welcome.

Visit our informative website  
let your friends and family know too!  
[www.christchurchcardiff.co.uk](http://www.christchurchcardiff.co.uk)

Articles for the June 2017 edition of Credo by 20th May  
Handwritten, or on memory stick with a printed copy to Church  
letterbox or Editor, or email [ced45@btinternet.com](mailto:ced45@btinternet.com)

**May 2017**



See page 5 for New Hall floor plan  
and fund raising ideas . . .

June Osbourne, Dean of Salisbury is appointed  
New Bishop of Llandaff, - **page 4**

Sunday 21st May 9.00 am - Parish Breakfast - **page 8**

Thursday 25th May - **Ascension Day** - 9.30 Eucharist

Sunday 4th June - **PENTECOST**

Saturday 24th June - Revd. Jordan's ordination as priest

Sunday 25th June - Revd. Jordan's First Eucharist

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## MAY DIARY

- Wednesday 3<sup>rd</sup>      10.00 am - 12.00 noon Church open for PRAYER
- Sunday 7<sup>th</sup>      **EASTER 4**  
**8.00 am** Holy Eucharist  
**10.00 am** FAMILY SERVICE  
**6.00 pm** Service of Light
- Saturday 13<sup>th</sup>      **7.30 pm** Lavish Cardiff - detail page 3
- Sunday 14<sup>th</sup>      **EASTER 5**  
**8.00 am** Holy Eucharist  
**10.00 am** Parish Eucharist, Funky Church & J Walkers  
**6.00 pm** Taize  
**6.00 pm** Christian Aid United Service. St Faith's, Morris Ave  
Guest speaker: Huw Thomas – head of Christian Aid, Wales
- Sunday 21<sup>st</sup>      **EASTER 6 - ROGATION SUNDAY**  
**8.00 am** Holy Eucharist  
**10.00 am** Parish Eucharist, Funky Church & J Walkers  
**6.00 pm** Social Justice Evening Service
- Thursday 25<sup>th</sup>      **ASCENSION DAY**  
**9.30 am** Holy Eucharist (*tea & coffee to follow*)
- Sunday 28<sup>th</sup>      **EASTER 7**  
**8.00 am** Holy Eucharist  
**10.00 am** Parish Eucharist, Funky Church & J Walkers  
**6.00 pm** Celtic Night Prayer

## JUNE

- Sunday 4<sup>th</sup>      **PENTECOST**  
**8.00 am** Holy Eucharist  
**10.00 am** FAMILY SERVICE  
**6.00 pm** Service of Light

### Prayers for Healing 10.00 am every Wednesday in Church

*The meetings involve prayers for individuals and for our local community - all are welcome*

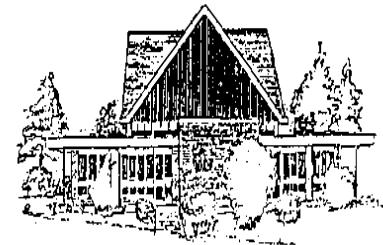
### Other services & activities as announced in the newsletter



**Messy Easter** went really well on Good Friday. We had around 35 children plus parents and thoroughly got stuck into the Easter story as we painted, planted, made cards, ate hot cross buns and pizza. The children enjoyed the Easter journey through the stations of the cross, led by Trystan.

Thanks to all helpers it was a resounding success. Linda

Really wonderful collage made by our Funky Church children on Sunday, (23rd April) celebrating God's creation in Genesis.



## Thought for the Month

### Presence Prayer

Heavenly Father,  
Parting from our loved ones is difficult. We long to be together, but sometimes it isn't possible and we don't always understand.

The disciples must have wanted Jesus to stay with them, after the joy of the resurrection and those wonderful reunions. And yet you knew that it was better for them - and for us - that Jesus returned to you so that He could send His Spirit to live in us, to comfort and strengthen us and to work through us.

Thank you that even though human parting is inevitable, because of Jesus eternal life is freely offered to those who trust in Him. And while we are here on earth you promise never to leave us or forsake us.

Thank you, Father, for your love - and your bigger picture!

In Jesus name.  
*Amen.*

by Daphne Kitching - Parish Pump



Easter blessings. Almost 170 were in church at Easter to celebrate Christ's resurrection, including a group of young people visiting from Sweden. This is our beautiful cross of flowers, filled as people came into church



**Dear friends,**

Recently I read one of the classic books of the Russian Orthodox Church called *The Way of a Pilgrim*.

It might not sound that fascinating, but I really got into the travels of this lowly, homeless pilgrim, as he wanders around Russia getting into all sorts of adventures. In one chapter he is mugged and robbed by two former soldiers. But all he has in his rucksack are a Bible and a book of prayers... and so that's what they take from him. He's completely distraught – it's as if he's lost the most precious treasure possible. Later on, he finally gets them back. In being reunited with his books, he hugs them to his chest and grips them so hard that his fingers practically lock in place around them. It was not the monetary value of the Bible and the prayer book that mattered to the pilgrim, but it was the fact these books were feeding his soul. **And that's what *The Way of the Pilgrim* really challenges us to ask... what, in our lives, is feeding our minds, our hearts, our spirits, our souls?**

We live in a world that tells us that "things" will feed us, will bring us the fulfilment we long for, will bring us happiness and joy. We place our "hope" in possessions, in relationships, in fame, in money, in pleasure, in popularity. But the reality that spiritual writers taught us, and increasingly what psychologists are teaching us, is that clamouring for such things leads to dissatisfaction and disappointment. We will always

## Our Vicar Trystan Writes:

### HOPE . . .



feel that other people have more than us and, however much we ourselves get, we always want more. The psychologist Oliver James refers to a strange paradox of modern life which he calls "*affluenza*" – the more we have, the more we want, and the unhappier we become. "*Affluenza*" – our affluence is making us ill.

When I was at University, I went to see the film *The Matrix* in the cinema and the concept blew my mind. The movie shows people living in a false computer-generated world. Most of them don't realize they are living a lie, but the few that realize this fact decide to break out to find reality.

**That's what Jesus challenges us to do in this world – break out of our false way of thinking.**

"Hope" is *not* to be found in doing, or having, or wanting. Rather, it's found by letting go of things. As the fourteenth-century theologian Meister Eckhart suggested: "*we don't find God by adding anything to our soul; no – we find God by taking things away*".

Many of you know that 11 years ago I underwent a major operation on my back. Before the operation I went through 6 months of physical pain and emotional anxiety. What was the one thing I clinged to when I went through a time of pain and suffering? The one thing that lifted my spirits and brought me peace was a small cross that fitted in the palm of my hand. That's where my hope was centred upon – not because of what it was, as it was just a piece of wood, but of what it repre-

sented. It was not a crucifix, but an empty cross. In the empty cross, in the resurrection of Jesus, we are promised that death is not the end, that death itself is conquered. That's obviously good news for us in the future, but eternal life also has huge implications for our lives *now* – it helps us to put everything in perspective and it helps us to realize that material things really don't matter.

It's not that wealth, pleasure, power, relationships, popularity, are always bad things – all of them can actually be used for great good. *But* we should never put our hope in them. Instead we need to break out of attachments and stop caring for all the things that we *think* have ultimate value, all the things that we are convinced that we can't live without.

As the famous hymn puts it: "*All my hope on God is founded*". It's not *some* of my hope on God is founded, alongside my hopes about popularity, relationships, wealth, and power. No, it's *all* my hope on God is founded. Putting our hope in God means recognizing that the question of what we want should never replace "what does God want?", "what does God want me to do?" or "how does God want me to act?" That's what will give us true fulfillment, that's what will give us true joy. Hope is to be found in letting go of the things we think are important to us, looking at the empty cross, and then being inspired by that hope to live out lives of love, peace, and compassion.

*Yours in Christ,  
Trystan*

### Our new Church Hall

*It is wonderful that we are now so close to building our new church hall. It will be a huge blessing to our church and the community around us. Can I please urge you all to help in fundraising in any way that you can. If you have any ideas how we could collect the funds, please contact Ann Picken, who is our fundraising coordinator. Please also pray for this exciting and important venture. Thank you. Revd Trystan*

*see page 5 . . .*



**Lavish Ladies Event at Christ Church, Roath Park - Saturday 13th May 7.30 pm**

**A Journey of betrayal, trauma, joy and blessings –  
'God's call to work in Uganda' by Helen Lock**

**Helpers needed for music, greeting, praying, making cakes etc Contact LINDA**



## An Update from Revd Jordan

**Dear Christ Church  
community,**

It is hard to believe that it is already May and my ordination to the priesthood is just around the corner! It has been an immense blessing to serve alongside you as your curate over the past ten months. As Bishop David noted when he presided at the confirmation service a few weeks ago, there is something special about Christ Church. You are a warm and welcoming community, and Krisi and I (and Keira!) have benefitted greatly from your hospitality. It will be an honour to serve the first chapter of my priestly ministry at Christ Church.

**God willing, my ordination will be at Llandaff Cathedral on 24th June,** and my first Eucharist will be at Christ Church the following morning (25th June). There will be no 8.00am service that morning – we will all gather together at 10.00am for worship and fellowship. I hope to see you there! Please keep me in your prayers as I prepare for this journey into priestly ministry.

I would also like to ask for your prayers at this time for a rather unsettling development in my current immigration status. As you know, Krisi and I have been living in the UK since I began my PhD studies in Scotland in 2011. Our current visas expire at the end of June, and we recently learned that we will not be able to extend those visas going forward.

### What does this all mean?

In order to apply for a new visa, my employer (*St Padarn's Institute*) will need to re-advertise my post to meet the UK market test.

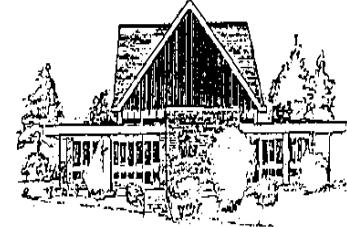
I will then need to reapply for the position and, if I am once more offered the post, promptly return to the States to apply for a new visa. Sadly, this means jumping back across the pond the day after my first Eucharist.

As you can imagine, this has been a rather worrying time for the Hilleberts! Nevertheless, we are trusting in God's good plan for our lives and his continued provision.

**'For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope. Then when you call upon me and come and pray to me, I will hear you'** (*Jer. 29:11-12*).

If all goes well... we should be back in Wales (and at Christ Church!) by the end of July.

*With love and best wishes,  
Jordan*



## WHO'S WHO at Christ Church Lake Road North Cardiff CF23 5QN

**Priest in charge:**  
**Rev. Trystan Owain Hughes**  
Tel: 20758588

**Curate:**  
**Rev. Jordan Hillebert**  
Tel: 07936 288330

**Parish Secretary**  
Denise Searle: at Parish Office

**Parish Office/Hall Enquiries**  
Tel: 20763151

**Email:**  
info@christchurchcardiff.co.uk

**Web site:**  
www.christchurchcardiff.co.uk

**Church Wardens**  
Haydn Hopkins Tel: 20621280  
Colin Francis Tel: 20751773

**Reader**  
Dominic

**PCC Secretary**  
Judith Hill Tel: 20758080

**Treasurer**  
John Hodgson Tel: 20764485

**Gift Aid Secretary**  
Gerald Bradnum Tel: 20751177

**Electoral Roll Officer**  
David Alexander Tel: 20759704

**Magazine Editor**  
John Griffiths Tel: 20754370

**Sacristan**  
Len Bowker Tel: 20758493  
**Assistant:** Haydn Hopkins  
Tel: 20621280

**Organist /Choir**  
Julie Waller Tel: 20615007

**Funky Church**  
Karen Payne Tel: 20765428  
Sandra Tel: 20758588

**Flower Rota Organiser**  
Sylvia Dowell Tel: 20408265

**Churches Together**  
Julie Waller Tel: 20615007



## New Bishop of Llandaff

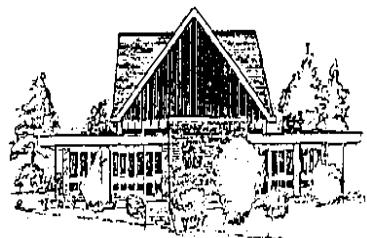
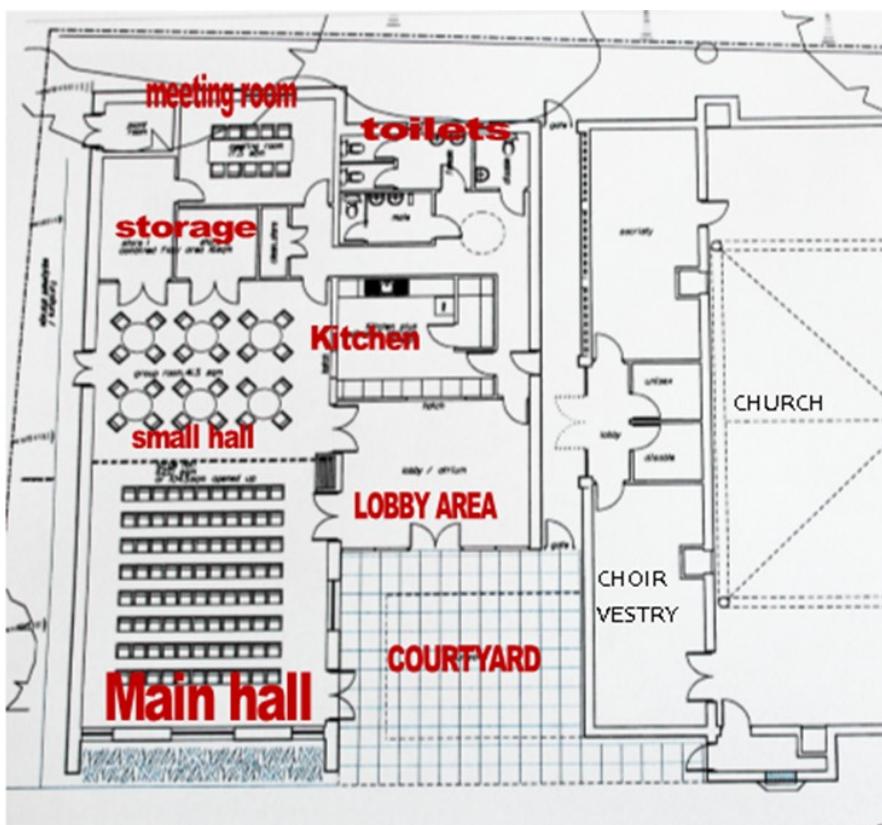
One of the most senior and experienced church leaders in the UK will be the next Bishop of Llandaff.

**June Osborne**, who has served as Dean of Salisbury for the past 13 years, has been chosen as the 72nd Bishop of Llandaff, a diocese which serves most of Cardiff, the South Wales Valleys and the Vale of Glamorgan.

A ground-breaking figure in the Church of England, Dean June was the first female Dean to be appointed to a medieval cathedral, having served as Salisbury Cathedral's Canon Treasurer for nearly 10 years .

The appointment will be confirmed on July 14th at a meeting of the Sacred Synod of Church in Wales Bishops in Brecon Cathedral where Dean June will be consecrated as Bishop the following day (*July 15th*). She will be enthroned at Llandaff Cathedral on July 22nd.

## Proposed plan of New Hall



### FUNDRAISING IDEAS for New Church Hall

Linda's article in this month's CREDO outlines the position we have arrived at regarding the New Hall, also mentioning the fundraising necessary for the build.

**Even after the sale of the Plot we will still need to raise between £50/100,000 to complete it.**

We need to start fundraising in earnest. Outright gifts are, of course, most welcome but other fundraising ideas, which can involve all of us, will be necessary.

**I have some ideas but welcome others. I will post a list on the Notice Board and ask you to sign up for what you are willing to be responsible for.**

Years ago when we were raising money to clear the mortgage on the original Vicarage 4 or 5 youngsters - they were 13/14 years old - ran the Cardiff half Marathon, an idea maybe?

The present Hall was built in 1972 at a cost of £7,000 with money raised by the Congregation. As a comparison a new house at Lakeside cost around £3/4000!

An extract from the Appeal at that time said "*There are over 100 families who worship at Christchurch and if each one will give as much as they can, the PCC believes it will raise the better part of £5000*".

It did happen - food for thought. Please look at the list in the Porch. The new Hall, which Linda has described so vividly, has been 3 years in the planning but now is so close to being a reality.

**Please take ownership of it and make it happen!  
Look forward to many creative ideas.**

Ann Picken  
New Hall Committee

### Around the Church Family

#### **Our Good Wishes & Prayers to:**

**Colin Francis and Linda Sanders** good to see both back largely recovered and more active after their operations

**Len Bowker**, undergoing 6 weeks radiotherapy following recent operation

**George Cable, Nancy Eyre, and Marion LeBeau** - good to see back in Church, when each is able

**Dorothy Moore** - recovering after a fall

**Rev'd David and Rachel Wilbourne**, following David's resignation as assistant Bishop of Llandaff

#### **Congratulations & Good wishes to:**

**Rhys Thomas and Jessica** upon their wedding on 20th April. Rhys is grandson to Gloria and Glen Thomas, and attended regularly at Christ Church when a boy. Their home is now in Bristol



#### **Home Visits & Home Communions**

**Home visits** and, if wished, **Communions** are available for parishioners including the house-bound and anyone unable to attend church due to ill-health or an accident.

**Communions** are brought usually monthly at mutually convenient dates and times. If you, or anyone you know, would like one of our pastoral visitors to call with Communion or for prayer or a chat, please inform Gerald Bradnum (tel. 20751177) or enter your name upon the request slip in your weekly News-sheet and hand to any service welcomer or clergy or into the office.

## Christ Church Society, April Meeting

### "FIVE BOYS & A PASTY"

**A nostalgic and entertaining evening was given by John Sheen talking about his boyhood days in Port Talbot.**

John was born in 1947-during those austere early post-war years. He was trained in amateur dramatics, and became a member of Cwmbran Operatic Society. Following teacher training he was a primary school teacher, and later a head teacher.

The love of theatre played a big part in his life, and when asked he became a part-time manager of the Dolman Theatre in Newport; a post he fulfilled for two & a half years. Then cupid took a hand and John met his future wife but continued to be involved as Actor and Director. His activities now broadened out to talks to various Groups, and a developing interest in the production of visual aids and family history research.

John's family also featured. His father joined Port Talbot Operatic Society in 1953 and his brother is still a member. His daughter has featured in a number of well-known West End musicals and his nephew is the Hollywood actor Michael Sheen.

John pointed out that his background was the average family of the time.

No telephone, car, credit card, computer, - or drugs. However, he did admit to the odd illicit sniff of Dab-it-Off cleaner that was the favoured stain remover of the era. John described this time as one of radiant unsophistication. Memories of Friday's tin bath and syrup of figs ritual produced much hilarity. The outdoor toilet involved John carefully cutting newspaper squares to hang for the family's "convenience"

His church singing at weddings earned him the princely sum of half a crown. There was little entertainment, although John recalls the radio show with Archie Andrews, which was very popular and attracted a listening audience of over 13 million.

The careful use of coal fires required warm clothing, and John revealed that unusually he had been given a liberty bodice to wear as protection against the cold!! His grandmother's preferred protection was a daily dose of egg nog (*raw egg and sherry*). John handed out to us a sample of a popular drink of the time, Corona's Dandelion and Burdock.



The peculiar use of the front room was also mentioned. Its use was forbidden, apart from high days, weddings, or funerals. Gentian violet was always available for healing wounds, and rather strangely for other disorders he was given Friar's Balsam poured over a lump of sugar. Sweets would continue to be rationed for a considerable time to come. A favourite of the day was Fry's Five Boys chocolate. (*well remembered by the audience.*) As was the favourite foot wear, Daps - Dunlop all purpose shoes. John also evoked fond memories of inexpensive Ladybird books and the use of Beacon Books, now out of favour with the teaching profession.

The evening was lively with much audience participation. Gill provided a lovely buffet and the evening concluded with Howard offering a prayer to the Lord for our continued safe-keeping.

*Pat (& Mike) Jenkins*



### Ken Perkins: 50 years in the choir at Christ Church: Roath Park

It was with great pleasure on Sunday 30<sup>th</sup> April 2017 that we celebrated a great tenor in this choir. Ken has sung in Christ Church for over 50 years. He knows all the various choral settings for the services we have sung over time and his recall of hymns and other church music is magnificent. With others, he has been a mainstay ensuring vocal balance of our four part choir.

He has sung in other choirs including Llanishen and Radyr Choral Societies, with Royal School of Church Music (RSCM) services in Llandaff, Newport and Hereford Cathedrals and more recently with CLIC Sargent in their annual Christmas concert in St David's Hall.

Adrian presented Ken with a certificate of his magnificent achievement and given a Loyal Service medal, which is produced by the RSCM. May he wear this proudly as a beacon for others.



He was delighted that his daughter, Helen, had been able to make the journey from Cambridge, so soon after her Easter visit. A number of us had Sunday lunch in the Manor Parc Hotel to mark the event. Ken and his daughter, Helen, were very thrilled with the whole occasion.

*Julie Waller, (Choir Director) and Adrian Wilson*

**2nd May: Athanasius  
the theologian who gave us the Nicene Creed**

**This is the name behind the Athanasian Creed.**

**Athanasius** (296-373) was born into a prosperous family in Alexandria in Egypt, studied in the Christian school there and entered the ministry. He was twenty-nine years old when he accompanied Alexander, the Bishop of Alexandria, to the Church's first ecumenical Council, at Nicaea in 325.

Although Athanasius could not take part in the Council's debates because he was a deacon and not a bishop, Alexander consulted him on the meaning of biblical texts and theological distinctions. With Emperor Constantine sitting as President, three hundred bishops argued about the Person of Christ.

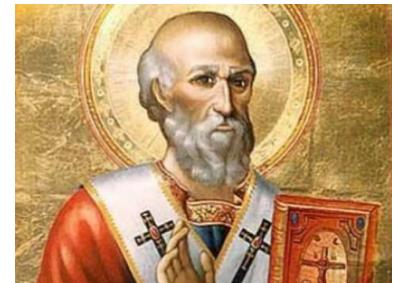
How is He the Son of God?  
Is He God or man or both together?  
Did He exist before He was born?  
If we worship Him does that mean  
we are worshipping two Gods?

The young Athanasius saw that some bishops wanted to impose the teaching of Arius on the Church. Arius was a popular preacher in Alexandria who taught that Christ was not eternal but was a 'Saviour' created by the Father.

**Athanasius worked with his bishop, Alexander, in framing what became known as the Nicene Creed.**

Our Lord's full divinity was safeguarded in the words, '*eternally begotten of the Father, God from God, light from light, true God from true God, begotten, not made, of one substance with the Father.*'

When Bishop Alexander died in 328, Athanasius succeeded him as Bishop by popular demand. For the next 45 years Athanasius' devotion, scholarship, and forceful leadership established the Nicene Creed in the Christian Church. His enemies, both in Church and state, conspired



against him, and he was exiled five times from the See of Alexandria and spent a total of 17 years in flight and hiding. It was his uncompromising stand for Nicene theology that gave rise to the familiar saying, *Athanasius contra mundum*, 'Athanasius against the world.'

Athanasius' name will always be linked with the triumph of New Testament Christology over every form of reductionism. Of his many writings the most significant was his great study on the person and work of Christ; '*On the Incarnation of the Word of God*', written before he was 30 years old. The whole Church of Christ is always in need of bishops, leaders and theologians in the mould of Athanasius.

Parish Pump

### Thy Kingdom Come

The Archbishops of Canterbury and York are calling Christians of every denomination to join in with **Thy Kingdom Come**, a prayer initiative between Ascension and Pentecost (25th May to 4th June), to pray for the nation to know Jesus Christ. It is a time to seek the empowering of the Holy Spirit, that we may be effective witnesses to Jesus Christ.

Praying for others to know Jesus is one of the most powerful things we can do. Persistent prayer for others brings transformation to their lives. As Paul writes: 'Devote yourselves to prayer, being watchful and thankful. And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains. Pray that I may proclaim it clearly, as I should.' (Colossians 4: 2-4).

As Paul says, consistent praying for others involves discipline ('be devoted') and responding to what God is already doing in people's lives ('being watchful and thankful'). We can pray for 'open doors' to point people to Jesus and what He can mean in their lives. We all have opportunities to do this, as even Paul prayed as a prisoner in chains!!

The Archbishops are encouraging us to choose five people who we can pray for regularly. Why not ask God to guide you, as you settle on five names and commit to praying for them daily, perhaps by using the following prayer:

**'Loving Father, in the face of Jesus Christ your light and glory have blazed forth.  
Send your Holy Spirit that I may share with my friends the life of your Son and your love for all.  
Strengthen me as a witness to that love as I pledge to pray for them, for your name's sake. Amen.'**

Parish Pump

**Thank you** to all who have bought greetings cards and preserves and a special thank you to Chatterbox Club and others for their generous donations, enabling me to send £300 to Fr Jeremiah in Ghana before Easter. *Norma I received this reply on 19th April*

Dear Madam Norma Ash,

I wish to express my sincere gratitude to you and all your family for sending us the money through money gran, I withdrew the money on 11th April, 2017. Rachael will complete in September, 2017. I wish all of you a happy Easter. May God richly bless you in Jesus name. Thank you.

*Yours Son in Christ, Rev. Fr Jeremiah Aladago*



# Coming Events



## PARISH BREAKFAST

On Sunday 21st May at 9am

Come early for the 10am service or stay late after the 8am service, for a breakfast of tea, coffee, croissants, pastries and more.

This breakfast is organised by our young people to raise funds for the church.

All welcome!



### CHATTERBOX

Babies and toddlers with parents/grandparents

Thursdays 1.30 pm - 3.00 pm  
in Christ Church Hall during term time

Contact Gill Barker - 20747464

Ann Francis - 20751773



### J WALKERS

Youth Group 11-18 yr olds

Come and join this group every Sunday at the 10 am service (except Family service on 1st Sunday of the month and holidays)

Plus Sunday evenings during term time 7.00 pm - 8.30 pm in the Church Hall



**Quiet Garden** - Methodist Church, Melbourne Road, Llanishen

11.00 am Saturday 24th June  
Annual Service of Rededication

Led by Rev. Bob Bebb

Please join us and stay for tea/coffee  
This year the Quiet Movement celebrates its 25th Anniversary



### Altar Kneeler Project.

Tuesday and Thursday

home stitching continues weekly

Next Saturday meeting 10am - 12 noon

**20th May in the Church hall**

All welcome to call in to see the progress of the last 3 panels and view the completed upholstered kneelers and enjoy a cup of coffee!

Ring Posy if you would like to help complete these altar kneelers this year.

Contact: Posy Akande 07807628212



### Prayer Link 2017

Churches Together in Llanishen & District  
**Saturday 10.00 am - 11.00 am**

**6th May** Thornhill Evangelical  
Excalibur Drive, Thornhill, next to Sainsbury

**3rd June** St Isan's (Anglican) Llanishen Village  
(to be confirmed nearer the time)

**ALL WELCOME**



### TenYFan Challenge:

as many of you will know we lost our grandson Ruben, two and half years ago, and in his memory my son John is doing this challenge to climb Pen Y Fan in Brecon, 10times in 24 hours to raise funds for 2WishUpon A Star, the bereavement and child loss charity which has done so much for him and Stephi and Eve in their grief and loss.

There is a sponsor form in the porch or you can go to [uk.virginmoneygiving.com/JohnHill17](http://uk.virginmoneygiving.com/JohnHill17) or on his Facebook page. **Thank you in advance.**

*Judith & Richard Hill*



### Christian Aid Week 14th -21st May 2017

CAN YOU HELP ? ? ?

Please sign up for a street or part of a street in our allotted area for Christ Church, Roath Park, by putting your name on the list in the porch or speak to Judith Hill in Church on Sunday

Local Events: **Saturday 13th May 9.00 - 12.00.** Llanishen Baptist Church  
Annual Christian Aid Week Plant etc sales

**Sunday 14th May 6.00 pm** United Service at St Faith's Church, Morris Avenue.  
Guest Speaker Huw Thomas, Head of Christian Aid, Wales



### Our Swedish visitors

So lovely to welcome the group from the Diocese of Uppsala in Sweden to our church on Easter Sunday! (16th April)

Thank you to Sandra, Julie, Trevor, David, and Revd Trystan for giving so much time on Easter Day to make sure that the group had a great time - lots of food, games, photos, and fun.

Please do come again soon !



Inspiring ecumenical meeting at Christ Church  
- reflecting on our Lent groups.

This event was hosted by Christ Church, Roath Park this year on Tuesday 25th April from 7.00 pm. An excellent opportunity for the various Lent Discussion groups to meet together to share their thoughts and celebrate with an informal buffet.

### Is your garden falling silent?

Where is all the wildlife?

When did you last see a fox, mouse, frog, squirrel, bumblebee or even butterfly?

If you have to stop and think, you will understand the problem: 51 per cent, or more than half, of Britain's gardeners did not spot a single hedgehog, owl, frog, fox, mouse or bat in their gardens over the past year.

That compares with 48 per cent in 2015.

As for birds, 29 per cent of people did not see any of the birds on the RSPB's red list, which lists those in need of protection, such as starlings and sparrows. And sightings of ladybirds are down five per cent in just the last year.

*Parish Pump*

### Why the C of E is keeping its customs of reading the marriage banns

The C of E has recently voted to keep its medieval tradition of reading the marriage banns. Not because it is worried about 'illegal' marriages taking place, but because it hopes it will help to keep up congregation numbers among young people. Members of the General Synod, who met and voted on it in February, said that ditching the popular tradition would mean losing an important source of new worshippers.

Just under 45,000 people got married in CofE churches in 2015. So, as one archdeacon explained, reading the banns 'gives us access to 90,000 people in the 18-45 age group, which is the age group that we struggle to reach.' *Parish Pump*

### New Director for the Anglican Centre, Rome

The Archbishop of Canterbury, Justin Welby, and the Governors of the Anglican Centre in Rome have recently announced the appointment of Archbishop Bernard Ntahoturi, Primate of the Anglican Church of Burundi from 2005 until 2016, as the Representative of the Archbishop of Canterbury to the Holy See and Director of the Anglican Centre in Rome. He succeeds Archbishop David Moxon who retires in June.

Born in 1948, Archbishop Ntahoturi grew up in a small village in Matana, Southern Burundi, the son of a poor farming family. After training at Bishop Tucker Theological College in Mukono, Uganda, he was ordained in 1973. He came to England to further his theological training at Ridley Hall and St John's in Cambridge, and then at Lincoln College, Oxford.

After his studies, he returned to Burundi where he joined the civil service, becoming chief of staff to President Jean-Baptiste Bagaza. After the overthrowing of President Bagaza in 1987, in a military coup, he was jailed from 1987 to 1990. In 1992, he became Provincial Secretary of the Anglican Church of Burundi until 1997. In 1997, Bernard Ntahoturi was consecrated Bishop of Matana Diocese and became Archbishop Primate of the Province of the Anglican Church of Burundi in 2005.

Archbishop Ntahoturi served as chair of the Council of Anglican provinces in Africa from 2011-2016, and as a member of the Anglican Consultative Council Standing Committee from ACC 9-ACC 11 (1993-2012).

Archbishop Ntahoturi has been active in seeking peace in war-torn Burundi and the great Lakes region of Africa, and has represented the protestant churches of Burundi during the peace and reconciliation negotiations in Tanzania, which were instrumental in bringing peace to Burundi.

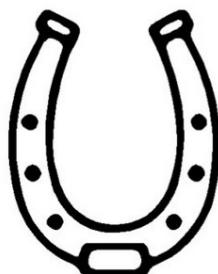
*Parish Pump*



## St DUNSTAN

Dunstan (909 - 988) was the most popular saint in England for nearly two centuries, being famous for many stories about defeating the devil.

A story tells how as a monk Dunstan nailed a horseshoe to the Devil's hoof when he was asked to re-shoe the Devil's horse. This caused such pain, and Dunstan only agreed to remove the shoe and release the Devil after he promised never to enter a place where a horseshoe is over the door.



They say that is why people still hang horse shoes over doorways.

St Dunstan is the patron saint of blacksmiths and bell ringers as well as goldsmiths and silversmiths. His Feast Day is 19 May, which is why the date year on the hallmarks on gold and silver runs from 19 to 18 May, not the calendar year.

## NOT JUST ON YOUR FEET....

The answers to these are all something you could wear on your feet, but the word also means...

1. A sure-footed pack animal
2. A thin sharp knife
3. A wobbly dessert
4. A poisonous snake
5. Isn't safe on ice
6. A gymnastic move
7. Equipment used to move water
8. An Irish accent
9. Part of a car used for storage
10. A sports coach



**What do you call a shoe that looks like a banana?**

A slipper.

**Who always goes to bed with his shoes on?**

A horse.



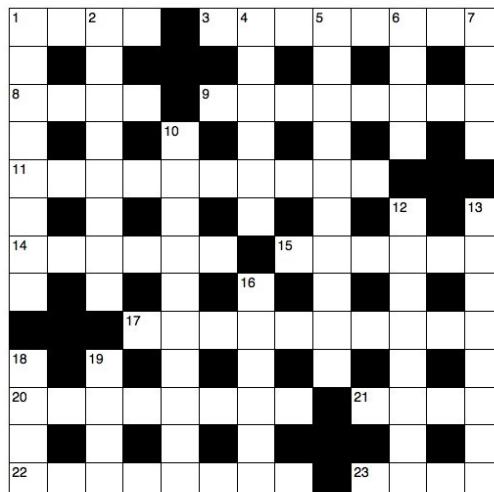
Answers: 1 Mule 2 Stiletto 3 Jelly  
4 Moccasin 5 Slipper 6 Flip flop  
7 Pump 8 Brogue 9 Boot 10 Trainer



## CROSSWORD PUZZLE

**ACROSS**

- 1 Infant (Luke 2:12) (4)
- 3 Luis must (anag.) (8)
- 8 What Jesus called the devil (John 8:44) (4)
- 9 'My God, my God, why have you — me?' (Matthew 27:46) (8)
- 11 Anglican form of church government (10)
- 14 'Those who hope in the Lord will renew their strength. They will soar on wings like —' (Isaiah 40:31) (6)
- 15 Ministers of religion (6)
- 17 Make stronger (1 Thessalonians 3:13) (10)
- 20 Devoutness (1 Timothy 2:2) (8)
- 21 The father of Jesse (Ruth 4:22) (4)
- 22 Pool where Jesus healed a man who had been an invalid for 38 years (John 5:2) (8)
- 23 '[Jesus] said to them, " — here and keep watch"' (Mark 14:34) (4)


**DOWN**

- 1 Follower of Christ (Acts 16:1) (8)
- 2 One of the punishments endured by Paul (2 Corinthians 6:5) (8)
- 4 Soldiers (Exodus 14:9) (6)
- 5 Scholarly study of melody, harmony and rhythm (10)
- 6 'I am God, and there is none — me' (Isaiah 46:9) (4)
- 7 'And how can they preach unless they are — ?' (Romans 10:15) (4)
- 10 Favourable reception (1 Timothy 1:15) (10)
- 12 Hip orbit (anag.) (8)
- 13 End of life (Isaiah 22:14) (5,3)
- 16 'About midnight the sailors — they were approaching land' (Acts 27:27) (6)
- 18 He married Jezebel (1 Kings 16:30-31) (4)
- 19 'According to your great compassion — out my transgressions' (Psalm 51:1) (4)

**ACROSS:** 1, Baby; 3, Stimulus; 8, Liar; 9, Forsaken; 11, Episcopacy; 14, Eagles; 15, Clergy; 17, Strengthen; 20, Holiness; 21, Obed; 22, Bethesda; 23, Slay.

**Down:** 1, Dyning day; 16, Sensed; 18, Ahab; 19, Blot; 6, Like; 7, Sent; 10, Acceptance; 12, Prohibit; 13, Dying day; 16, Sensed; 18, Ahab; 19, Blot.



### GOD IN THE ARTS - When David met Goliath

The meeting of David and Goliath is one of the most colourful and dynamic of the Old Testament stories. I like the joke about the teacher asking the children, '*What does the story of Goliath teach us?*' and a little boy replies, '*To duck.*'

But Goliath thinks he is invincible and has no need to duck. Why should he fear just a shepherd boy? J. John imagines David looking at Goliath, and thinking '*He is so big and I am so small.*' Then looking again, and thinking, '*He is so big: how can I miss?*' And so victory goes not to the strong, the proud, the self-confident, but to those who simply trust in the name of the Lord and their own wits. Right asserts itself over might as David conquers and Goliath falls to the ground.

That dramatic moment is caught vividly in this life-sized statue by Bernini sculpted for the garden of Cardinal Borghese in Rome in 1624. **1 Samuel 16** tells how Samuel anoints David, the youngest of Jesse's sons, who then goes to meet Goliath with only his shepherd's sling. We can see the pursed lips and the look of serious concentration on David's face. We sense the intensity of that moment and the latent energy as he prepares to throw the stone. We don't see Goliath, but he is there in our imagination, for we know that David will be victorious against the heavily armed Philistine.

Perhaps we can read there a message for the Church when it is tempted to rely on the protection of buildings, power structures and dogmatic authority and forget to trust in God's guidance. Perhaps the message is to each of us as we journey and find ourselves battling against the forces of injustice and darkness that seem so powerful. Then, when we feel weak, we have to learn to trust in God and have faith that He will be with us.



Marble statue of David by Bernini

*The Rev Michael Burgess - Parish Pump*

### Humour: Seize the day

Today is the oldest you've ever been,  
yet the youngest you'll ever be,  
so enjoy this day while it lasts.

*Parish Pump*



## WORSHIP AT CHRIST CHURCH

### Sunday

**8.00 a.m. The Holy Eucharist  
10.00 a.m. The Parish Eucharist  
6.00 p.m. Evening Service**

### Weekdays

**1st & 3rd Thursday 9.30 a.m. The Holy Eucharist**  
(Saints' Days and Festivals: See Parish Diary)

### PARISH PRAYER GROUP

in the Lady Chapel for about half an hour  
**Wednesday mornings 10.00 am**

Eucharist for healing  
with anointing and the laying on of hands as announced.

Holy Communion is taken to the sick and housebound,  
and anointing as requested.

Please inform the Vicar in cases of sickness, bereavement or distress.

### OTHER SERVICES

Please arrange with the Vicar  
for baptism, confirmation, marriage and funerals.

The Vicar is happy to arrange times for the  
Sacrament of Reconciliation (Confession) or for counsel.

### From the Registers

#### April 2017 Communicants:

Sundays	2nd	102
	9th	122
	Easter 16th	135
	23rd	78
	30th	95

Weekday communicants: 81

Communions of the ill/housebound  
at home 2  
at 'Cartref' 17

### Holy Baptism:

9th April Joshua James Kilvington

### Annual Vestry Meeting

9th April 50



# FELLOWSHIP AT CHRIST CHURCH

### GOOD COMPANIONS

Tuesdays 2.00 - 4.00 pm  
Julia Matthews 029 21157213  
Alison Peters 029 20761277  
Val Jones 029 20747021

### CHRIST CHURCH SOCIETY

4-5 times annually  
Howard Kilvington 20317301

### LADIES KEEP FIT GROUP

Mondays at 7.30 pm.  
Jill Kilvington 20317301

### FELLOWSHIP & BIBLE STUDY GROUPS

(see newsletter for details)  
Haydn Hopkins 20621280  
Linda Alexander 20759704

### SERVERS' GUILD

Sunday morning and as announced  
Gerald Bradnum 20751177

### CHATTERBOX

Thursday 1.30 - 3.00 pm  
during Term time  
Gill Barker 20747464  
Ann Francis - 20751773

### FUNKY CHURCH

Val Jones 029 20747021  
Sandra 20758588

### YOUTH GROUP (11-18 year olds)

Sunday evening 7.00pm - 8.30pm  
Rev. Trystan Hughes 20758588

### CHOIR

Thursdays at 6.30 pm  
Julie Waller  
Tel: 20615007

### RAINBOWS

Tuesdays at 5.00 p.m.  
Emma Lane 07975505863

### BROWNIES

Mondays at 6.00 pm

### 84th SCOUT GROUP

Group Scout Leader  
vacant

Group Committee Chairman  
Geoff Payne 20756577

Enquiries to Caryl Roach 20754463

### BEAVERS

Thursdays at 5.30 pm  
Chris Davies 07948399111

### CUBS

Wednesdays at 6.15 pm  
Simon Rimell

### SCOUTS

Wednesdays at 7.30 pm  
Simon Broadley