

Welcome to Christ Church

Week commencing 29th September – Michael & All Angels

Sunday 29th September – Michael & All Angels

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

**3.30pm Evensong @ Llandaff Cathedral –
Rev'd Trystan's Inauguration as Canon
Theologian within the Greater Chapter of
Llandaff Cathedral.**

6.30pm J-Walkers

Monday 30th

Tuesday 1st

Thursday 3rd

7.30pm Keep Fit

2.00pm Good Companions

**9.30am Mid Week Eucharist
(*followed by tea & coffee*)**

1.30pm Chatterbox

Sunday 6th October – Trinity 16

8.00am Holy Eucharist

10.00am Parish Eucharist, Funky Church & J-Walkers

6.30pm Evening Worship

6.30pm J-Walkers

Michael & All Angels

Collect

God,
who in generous mercy sent the Holy Spirit
upon your Church in the burning fire of your love:
grant that your people may be fervent
in the fellowship of the gospel
that, always abiding in you,
they may be found steadfast in faith and active in service;
through Jesus Christ your Son our Lord,
who is alive and reigns with you
and the Holy Spirit,
one God, now and for ever.

Amen

The first reading is from the Book of Genesis

Jacob left Beersheba and set out for Harran. When he reached a certain place, he stopped for the night because the sun had set. Taking one of the stones there, he put it under his head and lay down to sleep. He had a dream in which he saw a stairway resting on the earth, with its top reaching to heaven, and the angels of God were ascending and descending on it. There above it stood the Lord, and he said: 'I am the Lord, the God of your father Abraham and the God of Isaac. I will give you and your descendants the land on which you are lying. Your descendants will be like the dust of the earth, and you will spread out to the west and to the east, to the north and to the south. All peoples on earth will be blessed through you and your offspring. I am with you and will watch over you wherever you go, and I will bring you back to this land. I will not leave you until I have done what I have promised you.' When Jacob awoke from his sleep, he thought, 'Surely the Lord is in this place, and I was not aware of it.' He was afraid and said, 'How awesome is this place! This is none other than the house of God; this is the gate of heaven.'

(Genesis 28: 10-17)

This is the Word of the Lord
Thanks be to God

Psalm 103 (Pg.584)

Listen to the Gospel of Christ according to John
Glory to you, O Lord

When Jesus saw Nathanael approaching, he said of him, 'Here truly is an Israelite in whom there is no deceit.'

'How do you know me?' Nathanael asked.

Jesus answered, 'I saw you while you were still under the fig-tree before Philip called you.'

Then Nathanael declared, 'Rabbi, you are the Son of God; you are the king of Israel.'

Jesus said, 'You believe because I told you I saw you under the fig-tree. You will see greater things than that.' He then added, 'Very truly I tell you, you will see "heaven open, and the angels of God ascending and descending on" the Son of Man.'

(John 1: 47-51)

This is the Gospel of the Lord
Praise to you O Christ

Post Communion Prayer

Keep, O Lord, your Church, with your perpetual mercy;
and, because without you our human frailty cannot but fall,
keep us ever by your help from all things hurtful,
and lead us to all things profitable to our salvation;
through Jesus Christ our Lord.

Amen

Next Sunday's Readings & Rotas

Eucharist: Habakkuk 2: 2-4 & Luke 17: 5-10

Reader: Emily Bell

Intercessor: Henry Goldsmith

Welcoming Team: Eric Howell, Isabel Santore

Coffee: Sui Wan Chan, Angela Foley, Ann Picken

Ministers of Communion: Colin Francis

(Reserve: Emma Laing)

For weekly prayers please

see: www.llandaffchurchinwales.org.uk under Faith Worship & Prayer (the Diocesan Prayer Calendar).

IF YOU FEEL UNABLE TO RECEIVE FROM THE
CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

NOTICES

CONGRATULATIONS: There is no Evening Worship at Christ Church today, rather all are invited to join together for 3.30pm Evensong at Llandaff Cathedral and witness Rev'd Trystan's Inauguration as Canon Theologian within the Greater Chapter of Llandaff Cathedral. This is in recognition of his theological teaching, both within the diocese and St Padarn's Institute. This is a great honour for Revd Trystan as he continues to undertake his two ministries - vicar of Christ Church and tutor in St Padarn's. Congratulations to Rev'd Trystan and his family.

HARVEST: All are warmly invited to join us on the 13th October as we celebrate Harvest. Once again we are having a Bring and Share Harvest Supper at 5.00pm that day. It will be a wonderful occasion for food and fellowship as a community, followed by a short closing act of worship. Mains, sides, desserts and drinks are warmly welcomed! A sign up sheet is available in the church porch.

&

HARVEST APPEAL: Please see page 8 for full details of this year's Harvest Appeal in aid of the Cardiff Foodbank.

STORIES FOR THE SOUL: You are warmly invited to join us for a "Stories for the Soul" session on Monday 14 October. "Stories for the Soul" are a reflective and creative way of engaging with our sacred stories and immersing ourselves in the richness of the Christian storytelling tradition. You will have chance to slow down, listen to a story, wonder about its meaning for your life and respond creatively. The Harvest session will take place on Monday 14 October, from 7.30-9pm at

Christchurch. Please let Hannah know if you would like to come, so that she has an idea of numbers.

We will also be using "Stories for the Soul" to help us prepare for Christmas... more details of the Advent sessions coming soon.

A ROCK N' ROLL EVENING: with the band 'Denmark Street' on Saturday 19th October at 7.30pm. Tickets now available from Ann Picken (029 2075 5550) at £10 including supper (BYO drinks). Come and enjoy a super fun evening at the same time as raising funds for the new church hall.

LOOK: to your left – as you face the altar you will see on the Reading Desk, a scrap book telling something of the story of the altar rail KNEELERS. If you like you may speak to Posy Akande about it, or perhaps Derek Burston.

FIRST COMMUNION CLASSES: If any child is interested in taking first communion sessions, so they can receive communion at the altar, please do tell Rev'd Trystan. Children are usually in Years 1 to 3 in Primary School when they undertake these sessions. There are usually three sessions at Sunday lunchtimes (with lunch included).

BLUE COLLECTION BOX: The blue collection box in the porch is for general Church funds, principally to go towards general upkeep, repairs and maintenance. Recently, amongst other things the organ needed an overhaul. We are fortunate that run of the mill and some maintenance is carried out by congregation members. Many thanks for supporting this initiative which has already yielded £200+. Please carry on searching your pockets and purses for loose change, all coin denominations gratefully accepted. Thank you.

HELP PLEASE!!: We are in urgent need of more drivers to help with lifts to and/ or from Good Companions on Tuesday afternoons...can you help? At 2pm? 4pm? Occasionally? Weekly? Fortnightly? Monthly? To discuss please speak to Val [02920 747021](tel:02920747021) or Alison [02920 761277](tel:02920761277). Thank you.

HIRING OF CHURCH HALL: To book the church hall please contact Gill Barker on 02920 747464.

THURSDAY 9.30am EUCHARIST: The Eucharist is on the 1st and 3rd Thursdays of each month. The upcoming dates are the **3rd & 17th October**. Tea and coffee are available afterwards.

TOILETRIES : Should anyone have any unopened toiletries which they would be happy to donate, please pass them on to Val (02920 747021).

These are currently being collected for the Salvation Army Hostel in Cardiff for the benefit of their residents for which they are extremely grateful.

CARDIFF HALF MARATHON, 6TH OCTOBER: Please be aware the Cardiff Half Marathon is taking place on this day and Lake Roads West & East, Fair oak Road & Ninian Road will be closed to traffic from 9am to 2.15pm. Please allow extra time to travel to church if your route normally includes these roads.

DATES FOR YOUR DIARY

10th October – 7.00pm Wave of Light Service, Baby Loss Awareness Week

30th November – Christ Church Christmas Market

5th December – Heath Community residents Carol Service with Cardiff Male Voice Choir

13th December – Carols & mince pies with mini Panto, Aladdin

21st December – Messy Church, 10.30am

NEW HALL PROJECT

Fund raising for this Project continues so we welcome ideas. Please do your best to support the Allotment produce, home made jams & preserves and the collection of old £1 coins, concerts etc.

SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN BUT ALL NEED YOUR SUPPORT

ALLOTMENT PRODUCE & HOMEMADE PRESERVES: Keep a look out for produce/preserves often available after the 10 am Sunday service. No more jam jars required for the present.

OLD POUND COINS: We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. Thanks, Linda Alexander

CAKE MAKING - cakes always sell!

MUSIC CONCERTS

CROSS IN MY POCKET – These handmade embroidered crosses are ideal to keep in your phone case/purse/wallet or would make ideal gifts to pop into a greetings card. These can be picked up in the church porch: a donation of £1 will go towards the hall. Many thanks.

Please continue to support.

If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.

Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email info@christchurchcardiff.co.uk or left in the church letter box. Deadline is Wednesday morning

In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.

**CHRIST CHURCH
HAS BOTH FACEBOOK AND TWITTER**

please check them out and "like" and follow them for up to date church information on services and events

www.facebook.com/christchurchcardiff
www.twitter.com/ChristChCardiff

PARISH INFORMATION

Vicar: Revd Trystan Hughes Tel: 029 20758588

Mob for emergencies: 07976523634

trystanhughes@churchinwales.org.uk

Parish Office: 029 20763151 –

open Mon & Weds 9.30am to 12.30pm

**Churchwardens: Haydn Hopkins 029 20621280 or 07970
079797**

Colin Francis: 029 20751773

Parish Website: www.christchurchcardiff.co.uk

Email: info@christchurchcardiff.co.uk

Wave of Light
Baby Loss Awareness Week

A service to remember little ones lost at any stage of pregnancy, birth or infancy

Thursday 10th October
7.00pm

At Christ Church Roath Park, Lake Road North, Cardiff CF23 5QN

APÊL DIOLCHGARWCH
Bwyd brys i bobl mewn argyfwng

#BANCBWYDCAERDYDD

CEFNOGWCH EICH BANC BWYD DRWY ROI BWYD AC ARIAN ELEN!

RHESTR SIOPA
Ffrwythau Tun
Pwdr Reis Tun
Llaeth UHT
Sudd Ffrwythau Hir Oes
Tattus Tun
Tomatos Tun
Pysgod Tun
Pwdr Sbwng
Cig Tun
Llysiau Tun

Dim byd iŵn a seprwyg alcohol ar ymstraw yn ddiol!

HARVEST APPEAL
Emergency food and support for people in crisis

#CARDIFFFOODBANK

HELP SUPPORT YOUR FOODBANK WITH FOOD AND FUNDS THIS HARVEST

RHOI BWYD
Mae rhoi eitem neu ddwy o'n rhestr siopa yn sicrhau ein bod yn gallu darparu bwyd i helpu pobl mewn angen.

DONATE FOOD
Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.

DONATE MONEY
Help to cover costs of storing and distributing food, as well as developing sustainable projects.

RHOI ARIAN
Cyfrannwch tuag at gostau storio a dosbarthu bwyd yn ogystal â datblygu prosiectau cynaliadwy.

SHOPPING LIST
Tinned Fruit
Tinned Rice Pudding
Milk UHT
Fruit Juice Long Life
Tinned Potatoes
Tinned Tomatoes
Tinned Fish
Sponge Pudding
Tinned Meat
Tinned Vegetables

Nothing that contains alcohol please!

[@CardiffFoodbank](#)

[/Cardiff.Foodbank](#)

<https://localgiving.org/cardiff/foodbank>

www.cardiff.foodbank.org.uk

Unit N5, Cardiff Bay Business Centre, Tŷan Road, Cardiff, CF24 5EJ
Tel: 029 2048 4120
Email: info@cardiff.foodbank.org.uk

Registered charity number 1129595 | Registered in England and Wales
Part of The Trussell Trust Network of Foodbanks

Service 10.00am 13th October

Harvest Festival

BRING & SHARE SUPPER 5pm