

## Welcome to Christ Church

Week commencing 23rd February –  
Sunday before Lent – Transfiguration Sunday

**Sunday 23rd February – Sunday before Lent –  
Transfiguration Sunday**

**8.00am Holy Eucharist**

**10.00am Parish Eucharist Funky Church & J-Walkers**

**6.00pm Evening Worship**

**6.30pm J-Walkers**

**Monday 24<sup>th</sup>**

**7.30pm Keep Fit**

**Tuesday 25<sup>th</sup>**

**2.00pm Good Companions**

**Wednesday 26<sup>th</sup>**

**7.00pm Ash Wednesday Eucharist  
with the Imposition of Ashes**

**Thursday 27<sup>th</sup>**

**1.30pm Chatterbox**

**Saturday 29<sup>th</sup>**

**10.00am Coffee Morning**

**Sunday 1<sup>st</sup> March – First Sunday of Lent -  
St David's Day**

**8.00am Holy Eucharist**

**10.00am Family Service**

**12.00noon Children's Communion Classes  
commence today and for the next 2 weeks**

**6.00pm Lent Talks Series – A Christian  
Response to Social Injustice**

**6.30pm J-Walkers**

## **Sunday before Lent – Transfiguration Sunday**

### **Collect**

Almighty Father,  
whose Son was revealed in majesty  
before he suffered death upon the cross:  
give us grace to perceive his glory,  
that we may be strengthened to suffer with him  
and be changed into his likeness, from glory to glory;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen**

### **The first reading is from the Book of Exodus**

The Lord said to Moses, 'Come up to me on the mountain and stay here, and I will give you the tablets of stone with the law and commandments I have written for their instruction.'

Then Moses set out with Joshua his assistant, and Moses went up on the mountain of God. He said to the elders, 'Wait here for us until we come back to you. Aaron and Hur are with you, and anyone involved in a dispute can go to them.'

When Moses went up on the mountain, the cloud covered it, and the glory of the Lord settled on Mount Sinai. For six days the cloud covered the mountain, and on the seventh day the Lord called to Moses from within the cloud. To the Israelites the glory of the Lord looked like a consuming fire on top of the mountain. Then Moses entered the cloud as he went on up the mountain. And he stayed on the mountain forty days and forty nights.

*(Exodus 24: 12-18)*

This is the Word of the Lord  
**Thanks be to God**

### **Psalm 2 (Pg.445)**

Listen to the Gospel of Christ according to Matthew

### **Glory to you, O Lord**

After six days Jesus took with him Peter, James and John the brother of James, and led them up a high mountain by themselves. There he was

transfigured before them. His face shone like the sun, and his clothes became as white as the light. Just then there appeared before them Moses and Elijah, talking with Jesus.

Peter said to Jesus, 'Lord, it is good for us to be here. If you wish, I will put up three shelters – one for you, one for Moses and one for Elijah.' While he was still speaking, a bright cloud covered them, and a voice from the cloud said, 'This is my Son, whom I love; with him I am well pleased. Listen to him!'

When the disciples heard this, they fell face down to the ground, terrified. But Jesus came and touched them. 'Get up,' he said. 'Don't be afraid.' When they looked up, they saw no one except Jesus.

As they were coming down the mountain, Jesus instructed them, 'Don't tell anyone what you have seen, until the Son of Man has been raised from the dead.'

*(Matthew 17: 1-9)*

This is the Gospel of the Lord  
**Praise to you O Christ**

### **Post Communion Prayer**

Holy God,

we see your glory in the face of Jesus Christ:

may we who are partakers at his table

reflect his life in word and deed,

that all the world may know his power to change and save.

This we ask through Jesus Christ our Lord.

**Amen**

### **Next Sunday's Readings & Rotas**

**Eucharist:** Genesis 2: 15-17 & Matthew 4: 1-11

**Reader:** Hannah Jones

**Intercessor:** Henry Goldsmith

**Welcoming Team:** John & Anne-Marie Hodgson, Ann James

**Coffee:** Emma Laing, Justine Ryland

**Ministers of Communion:** Linda Alexander

(Reserve: Colin Francis)

**For weekly prayers please**

**see: [www.llandaffchurcheinwales.org.uk](http://www.llandaffchurcheinwales.org.uk) under Faith Worship & Prayer (the Diocesan Prayer Calendar).**

IF YOU FEEL UNABLE TO RECEIVE FROM THE

CHALICE, THEN PLEASE RECEIVE THE BREAD ONLY.

## NOTICES

**EVENING WORSHIP:** Please join us 6pm for our Evening Worship, led by Val Jones, Evening prayer. Reflecting on the practice of mercy. All welcome!

**ASH WEDNESDAY:** All are warmly invited to join us on **Wednesday 26<sup>th</sup> February at 7pm** as we begin our journey through Lent together for a service of Holy Eucharist with the Imposition of Ashes.

**LENT STUDY GROUP:** As part of our Llandaff year of pilgrimage, the diocese has put together a Lent course for parishes. Revd Jenny will be using this with a discussion group in her home (12 Llwyn y Grant Road) on five Wednesday evenings in Lent starting 4th March. Please sign the list if you want to join - there are 10 places.

**LENT TALKS:** Our Lent Talks series will take place every Sunday evening during Lent, at 6pm in place of our Sunday worship. The series will be called "A Season of Inspiration" and will include talks on a variety of inspiring subjects by Jonathan Cox of Citizens Wales, Revd Ian Rogerson, and Revd Chris Burr, as well as two talks by our vicar, Revd Trystan. It would be great to see as many people as possible at these talks, so please do put them in your diary and let others know about them!

**GOOD NEWS:** Bishop June has announced that our ordinand Siôn Brynach will become our NSM curate after his ordination in June. We are delighted that the Brynach family will continue to be part of our church community and we look forward to Siôn's continuing ministry with us 😊 Dal ati, Siôn!

**FIRST COMMUNION CLASSES:** These will be commencing next Sunday, **March 1<sup>st</sup> followed by sessions on the 8<sup>th</sup> & 15<sup>th</sup> March, all at 12 noon.** Children are usually in Years 1 to 4 of Primary School when they undertake these sessions (with lunch included) The first Communion service will then take place on the **29<sup>th</sup> March at 10am.** Please let Rev'd Trystan know as soon as possible if this is something you are interested in.

**COFFEE MORNING:** Come and join us in the hall on the 29<sup>th</sup> February at 10am for a coffee morning/bring & buy sale plus loads more, in aid of the new hall project. Tickets £2 available from Shirley.

**CHRIST CHURCH SOCIETY:** "The King's DNA" a talk by Rhian Morgan on Wednesday 4<sup>th</sup> March at 7.30pm in the Church Hall. Subscription £5 which includes a buffet and refreshments.

**THANK YOU:** To all my friends at Christ Church, thank you for your prayers, thoughts, cards and visits. I am so happy to be home and getting better slowly. Veronica Moverley.

**COFFEE ROTA:** The present coffee rota runs out at the end of March 2020. It would be good to have some new names to add to the next one. It isn't a great commitment – just half an hour or so after the 10am service approximately 5 times a year. If you would be happy to volunteer for this, please let me know during the next few weeks. Elizabeth Burston Tel 20220 754557.

**BLUE COLLECTION BOX:** The blue collection box in the porch is for general Church funds, principally to go towards general upkeep, repairs and maintenance. We are fortunate that run of the mill and some maintenance is carried out by congregation members. Many thanks for supporting this initiative which has already yielded almost £300. Please carry on dropping in your loose change, all coin denominations gratefully accepted. Thank you.

**\*URGENT\*GOOD COMPANIONS:** The Good Companions group urgently needs help with giving two local members lifts home at 4pm on Tuesdays, once a month. If any one is able to volunteer please contact 02920 747021 or Alison 02920 761277.

**LOOK:** to your left – as you face the altar you will see on the Reading Desk, a scrap book telling something of the story of the altar rail KNEELERS. If you like you may speak to Posy Akande about it, or perhaps Derek Burston.

**THURSDAY 9.30am EUCHARIST:** The Eucharist is on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of each month. The upcoming dates are the **5<sup>th</sup> & 19<sup>th</sup> of March**. Tea and coffee are available afterwards.

**TOILETRIES & UNWANTED GIFTS :** These items for all ages will be gratefully received throughout the year and stored for the Salvation Army to distribute to those in need (Christmas 2020!) Val (02920747021 or 07587007508).

**CHRISTIAN AID:** A Christian Aid Gathering is taking place on 7<sup>th</sup> March, 10am to 1pm at Park End Presbyterian Church to which you are invited. Please email [cardiff@christian-aid.org](mailto:cardiff@christian-aid.org) or telephone 02920 844646 or Facebook – Christian Aid Cymru by 2<sup>nd</sup> March to let them know if you will be attending.

### **NEW HALL PROJECT**

Fund raising for this Project continues so we welcome ideas. Please do your best to support the Allotment produce, home made jams & preserves and the collection of old £1 coins, concerts etc.

### **SOME OF THE IDEAS BELOW ARE ALREADY BEING UNDERTAKEN BUT ALL NEED YOUR SUPPORT**

**ALLOTMENT PRODUCE & HOMEMADE PRESERVES:** Keep a look out for produce/preserves often available after the 10am Sunday service. No more jam jars required for the present.

**OLD POUND COINS:** We are collecting old pound coins for the Church Hall Appeal. If anyone has some please put them in the box in the entrance or into the collection bags. Thanks, Linda Alexander

**CAKE MAKING** - cakes always sell!

### **MUSIC CONCERTS**

**CROSS IN MY POCKET** – These handmade embroidered crosses are ideal to keep in your phone case/purse/wallet or would make ideal gifts to pop into a greetings card. These can be picked up in the church porch: a donation of £1 will go towards the hall. Many thanks.

Please continue to support.

*If anyone has any ideas, however big or small, to raise money for the exciting New Hall project, please share them! Thank you all for your continued support.*

## **Dates for your diary**

### **The Mobile Library in the car park**

Monday 24<sup>th</sup> Feb. 2pm – 6pm

Friday 6<sup>th</sup> March 9.30am – 1pm

## **Weekly this term**

Mondays 10am to 11am: Story time and Craft in the hall.

Wednesdays 11am to 12 noon: LIFT (Low Impact Functionality Training) in the hall.

Fridays 10am: Rhymetime in the hall.

Fridays 2.15pm: weekly children's session of stories, songs and craft in the hall.

**Notices for the Newsletter should be given to Denise Searle, tel. 029 20763151; Email [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk) or left in the church letter box. Deadline is Wednesday morning**

**In the event of an EMERGENCY please leave by the nearest exit and assemble by the walled garden at the front of the car park.**

## **CHRIST CHURCH**

### **HAS BOTH FACEBOOK AND TWITTER**

please check them out and "like" and follow them for up to date church information on services and events

[www.facebook.com/christchurchcardiff](http://www.facebook.com/christchurchcardiff)

[www.twitter.com/ChristChCardiff](http://www.twitter.com/ChristChCardiff)

## **PARISH INFORMATION**

**Vicar: Revd Trystan Hughes Tel: 07976523634**

**[trystanhughes@churchinwales.org.uk](mailto:trystanhughes@churchinwales.org.uk)**

**Parish Office: 029 20763151 –**

**open Mon & Weds 9.30am to 12.30pm**

**Churchwardens: Haydn Hopkins 029 20621280 or  
07970 079797**

**Colin Francis: 029 20751773**

**Parish Website: [www.christchurchcardiff.co.uk](http://www.christchurchcardiff.co.uk)**

**Email: [info@christchurchcardiff.co.uk](mailto:info@christchurchcardiff.co.uk)**

Bring & Buy/ plants / produce / cakes etc

# COFFEE MORNING

Come early for the best bargains!

**Saturday**  
29th February  
10.00am  
Entrance £2

At Christ Church  
Hall, Lake Rd  
North, Cardiff  
CF23 5QN

IN AID OF NEW CHURCH HALL

## Christ Church Lent Talks 2020

### A SEASON OF INSPIRATION

6PM EVERY SUNDAY OVER LENT

1 March: Jonathan Cox (Citizens UK)  
A Christian Response to Social Injustice

8 March: Rev Dr Trystan Owain Hughes  
Two Inspiring 20th-Century Prophets

15 March: Rev Ian Rogerson  
First-Century Church for 2020

22 March: Rev Chris Burr  
The "I Am" Sayings of Jesus

29 March: Rev Dr Trystan Owain Hughes  
The Challenge of Pilgrimage

Christ Church, Roath Park  
Lake Road North, Cardiff  
CF23 5QN

